

LIONS FAMILY LINES



ISSUE 58 – MAY 2024



**THE OFFICIAL
NEWSLETTER
OF DISTRICT 201Q3**

***FUN AND ACTION
AT CAMP COCKATOO
APRIL 2024***

“COMMUNICATION, EDUCATION, ENJOYMENT – STRONGER TOGETHER”

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NEWSLETTER DEADLINE

The deadline for the June 2024 edition of the Newsletter will be 20th May.

Copy received after the deadline, unless urgent, will be held over to the following month.

Please email your articles to
lionbeverleyg3@outlook.com

To ensure a quality print all photographs should be at least 1MB in size.



The Image Consent and Release Form from Newcastle is now a smaller document and can be obtained at -

<https://lionsclubs.org.au/wp-content/uploads/2021/08/PHOTO-RELEASE-FORM-2021.pdf>.

I look forward to assisting the Clubs promote their many and varied activities via this Newsletter. Please do **NOT** format your articles as I use a template and I work to place your articles in the available space. Also, please **DO NOT** send them to me in PDF format or Publisher (I do not use that programme). **Please use Word or jpg.**

A suggestion is that if you are placing an item on Facebook ... copy it through to me for consideration for the Newsletter. Remember, we are a National publication ... good news does travel. In the meantime, have a great month.

Beverley Bates
District Newsletter Editor

Disclaimer: The views expressed in this publication are not necessarily those of the District Governor, Cabinet Members or Editor.



DISTRICT GOVERNOR ANDY'S NOTES



What a month this has been. The District has been very busy with all the Club, Zone and District judging for Youth of the Year. I have been able to attend a few events which were truly amazing. The caliber of the contestants is getting higher each year. I am looking forward to the State Finals in Cairns. I wish Gloria, our Q3 winner, all the very best, I know you will represent us well and win everyone with your smile!!!

At last, the Lions Portal has arrived. By the time you read this nearly everyone should be able to access it. I have had a play with it today and found it very user friendly. Everything comes to him or her who waits. You can imagine how hard it has been for International to get it all together for everyone all around the world.

Week after Easter Fodhla and I went to Currimundi to help at the Type 1 Lions Diabetic camp. We had twenty young adults attend the camp. We were very lucky with the weather, so they were able to have time at the beach. It was great to see them all get on so well. Many friendships were made and a lot of sharing of ideas on how to cope with highs and lows and beeps all day. The Diabetic Nurse Educators (DNE's) were amazing, answering all the questions, giving talks on everyday things that crop up, and checking on all the campers most of the night. Thank you to District Governor Elect Richard and Lion Debbie Williams for coming to visit and see what happens, it was great you were able to

talk to the DNE's and some of the campers.

If your Club donated to support this wonderful project, I thank you from the bottom of my heart. These young adults have such a burden to cope with and being able to come to the camp has made them, and their families, a whole lot easier.

Congratulations Lisa Gourley and Roland Sjollem for going to ALLI and passing. I am sure that you had a wonderful experience and learned lots. Welcome home and I look forward to catching up on your news.

It was lovely to see Emilie Grimmer being interviewed on Win News Toowoomba. Such an inspiration when she talked to us at Millmerran Convention about her journey with Type 1 Diabetes. She inspired Rick Grinsell from Roma to get his company to donate a pump to the Toowoomba Hospital. As you can see "Where there is a need there is a Lion". Well-done Emilie.

Thank you to all the Clubs that have put in their PU101's. Sadly, there are a couple of Clubs unable to fill all their Executive roles. Hopefully this will be rectified by the end of the Lions year. Please think about taking up a role – there are a lot of people to help you – it really is not as daunting as you think. Clubs are folding because no one is willing to nominate, and I really would prefer that this does not happen. We are, at the moment, +64 in our membership total, which is absolutely amazing. Thank you to every Club that has put on members. Please include them in everything, most resignations come in the first three years and are usually due to not being included, not listened to and long and boring meetings.

We are now getting near the end of my year, just two months and a bit to go. I will miss the position of District Governor but will enjoy continuing with the friendships that I have made and reading all about the continued progress of this great District Q3 and of course, still being on Cabinet!! There is still a lot happening, State YOTY final in Cairns, Multiple District Convention in Darwin, and

International Convention in Melbourne. Not to mention the day-to-day running of the District.

Next newsletter I should have a lot more to talk about! Until then keep up the great work and those who are coming onto Richard's Cabinet, enjoy your training this weekend and obviously all the Incoming officers' schools. I hope they are all well attended as that is where you learn so much and start your networking.

Till next month

Keep safe and keep up the great work.

*District Governor
Andy Fitzgerald*

SERVICE MATTERS

Some of you may have received correspondence regarding an initiative called "Diabuddies."

It is one of the programmes promoted by **Diabetes Australia**. They run **Family Fun Days** for children and their families affected by Type One Diabetes. While promoting new medical advances in Diabetes research, the days are exactly as the title suggests – **FUN** – and even better in today's economic climate, **FREE**.



While each Family Fun Day will vary, they have things like jumping castles, climbing walls, face painting and so on for the attendees.

They have a small budget for catering which allows them to purchase food, but what they don't have are sufficient staff to cook the food.

This is where we may be able to assist. In South East Queensland, three events are in the works, with dates and venues to be confirmed. One of these is in Logan in October, so will hopefully be picked up by a Club or Clubs in Q1 District.



They have a possible August event in Toowoomba and a Brisbane event in November. Until they lock in a venue, the later may also be in Q1 rather than our own Q3 District, so we will have to wait and see. Should the November Family Fun Day be north of the river, I will contact a few Clubs closest to the area to see if they are willing/free to assist with this great project.

Stay tuned!



*Lion Debbie Williams
Global Service Team
Co-ordinator*





DISTRICT GOVERNOR ELECT RICHARD'S NEWS

Last weekend we spent in Toowoomba at the Cabinet Officer Forum – taking over the District Governor role got very real! I think it was a great weekend – we spoke about next year, tweaks to what we do and how we do it and plans to move the District forward.

More importantly, we spent time with a great bunch of people, were well looked after by Toowoomba West, Withcott-Helidon, Toowoomba Inc and Toowoomba Wilsonton.

All pulled together by Zonie Natalie Bugden, who also, with her family, catered the Saturday night dinner. And learned there is one town in Australia whose name starts with X – Xantippe!



Soon we are going to Darwin for the Multiple District Convention – the Convention is in a number of venues around the city, so we will get some sight-seeing in, especially if we become geographically challenged along the way.

When we get back we will be almost straight into the Club Officer Forums.

While we ask Presidents, First Vice Presidents, Secretaries, Treasurers and Membership and Club Service Chairs to attend, everyone is welcome.

These are forums, so we hope that we can learn from your experience as well as you pick up a few things as well. And remember, there have been reporting changes (both legal and administrative) that we will discuss.

The Forums will be held at (your secretary has full details):

Wamuran 1 June	Saturday	Arrive 8.45 for 9.15 start Finish 3.15
Fernvale June	Sunday 2	
RSVP 20 May		
Dalby 8 June	Saturday	Arrive 8.45 for 9.15 start Finish 3.15
Pittsworth June	Sunday 9	
RSVP 27 May		

Hope to see you soon.

Richard

Change is hard – have you ever tried to bend a 50c coin? - Anon

We must never allow the future to collapse under the burden of memory. – Milan Kundera

The best way to predict your future is to create it. – Abraham Lincoln



Remembering a life of Service

*Called
To
Higher
Service*

PDG Bevin Barsby
Lions Club of Toowoomba Inc.



CABINET SECRETARY BARBARA'S REPORT

The exciting news this month is that the new Lion Portal is happening. I already have access you may still be waiting on your email inviting you to re-register. It really is very easy your email will explain it all and you will simply need to click on the reset password in the email and follow instructions. I have been playing with it and so far, have found it easier to navigate than MyLCI. I really urge you all to watch the videos they are really good. Of course, I am here to assist if you need any help.

Your user name for the new Lion Portal is your email address. If your current username is a phone number, please contact the Member Service Center to change your username to a unique email address.

You can email lionssupport@lionsclubs.org. It is a good idea to add your membership number and Club name. Any questions please contact me.

Thank you to those secretaries that have sent in their PU101s, some have updated MyLCI with their Club Officers for 2024-2025 and this is has been transferred into the New Portal. For those who have not please do so as soon as you have access or come 1 July your new Club Officers will not have access to the Lion Portal.

A reminder for the Club Officer Forums.

- Saturday 1 June: Wamuran State School
- Sunday 2 June: Fernvale Lions Centre, Clive St, Fernvale
- Saturday 8 June: Lions Clubhouse North St, Dalby
- Sunday 9 June: Pittsworth

Conventions:

Multiple District- Darwin 24-27 May 2024 Please ensure you have returned both your Delegate Names and any names for the Memorial Service to me ASAP.

International Convention in Melbourne 21-24 June 2024, your eligible delegate numbers are in the Lions Portal and **you** can enter your delegate yourself or request me to assist.

District Convention Southern Cross College, Scarborough 4-6 October more details to follow.

I will be attending all three Conventions. Melbourne will be the first International Convention that I have attended and I am really looking forward to it. Darwin in May is lovely, there are around fifty registered from Q3 to date which is lovely. Naturally District Convention will be great, my own Club Redcliffe Central is the host Club.

As always, I am here to assist, please ask.

*Barbara Matthews
Cabinet Secretary 201Q3*

Building a better world for all in need.

Become a lion or leo and make a life better!

Become a lion or leo and make the world better

JOIN US TODAY

WE CAN MAKE IT HAPPEN

www.lionsclubs.org

PROSTATE CANCER

I believe that Clubs in the District may have received this information. However, just in case you missed it I thought I would include it in this report as it should be an interesting evening. At this stage Wendy and I are planning to go and it would be good to have a representation from Q3, especially from Clubs that are a bit closer to the venue.

Lions Prostate Cancer Research & Treatment Project in conjunction with **Lions Club of Brisbane Holland Park.**

We would like to invite your Lions Club members and friends to a **Prostate Cancer Presentation** by **Professor John Hooper** from Mater Research.

Date: Tuesday 4 June 2024

Place: Upstairs conference room, Holland Park Hotel, 945 Logan Road, Holland Park 4121. Entry from car park or bistro area.

Time: Please arrive promptly by 6:30pm

Dinner will be a 2-course meal and will be a fixed price on alternate drop basis.

Cost: **\$28.00** per person. Please advise any special dietary requirements,

For catering purposes, please RSVP by Thursday 30 May 2024

to [**hollandparklionsclub@gmail.com**](mailto:hollandparklionsclub@gmail.com)

Prof Hooper will present and discuss Prostate Cancer Research, Vaccine, Immunotherapy and various Clinical/Research issues. Question and Answer afterwards. Lions Australia, Lions Prostate Cancer Research Treatment Project (and previously Lions Cord Blood Bank) have had a long association with Mater Research.

Guest Speaker: Professor John Hooper is a Mater Foundation Fellow and a Senior Research Fellow at Mater Research. John leads the Cancer Biology Research Group and is the author of over seventy publications with his research currently focused on understanding molecular mechanisms underlying cancer.

PDG NORM JENSEN

LIONS CLUB MALENY **BLACKALL RANGE NEWS**

How lucky was our Club to have First Vice-District Governor Elect Narelle Gluer who represented the District Governor at our dinner meeting last month. Narelle presented Di Hobson with a District Governor's Award.



Lynda Burgess received a District Governor's Award for services to the Community and Chris Symonds was presented with a 50 years of service award.



Our newest members were also inducted at the dinner meeting and Club banners were also exchanged between our Club and District.

Lion Mary McIver

Your Membership Matters

Sharing Successful Ways of Working

Each month, we receive the **Club Health Assessment** for our District. For every Club, the report shows...

- ✓ Current member count
- ✓ Members added / dropped
- ✓ Year to date net growth
- ✓ Member count 12 months ago
- ✓ Activity reporting
- ✓ President rotation (# of repeat terms).

It is a valuable activity to look at this snapshot of every Club. While numbers are only part of the story, it is exciting to see Clubs gaining and retaining (engaging) new members.

⇒ **Q: Why is it so? What is working?**

I am in the process of communicating with **ten Clubs** that have grown by **three or more members** in the Lions' year to date.

- ⇒ *Bracken Ridge Central*
- ⇒ *Brisbane West*
- ⇒ *Golden Valley Keperra*
- ⇒ *Inala*
- ⇒ *Lowood*
- ⇒ *Morayfield & District*
- ⇒ *Redcliffe Central*
- ⇒ *Toowoomba West*
- ⇒ *Westbrook & District*
- ⇒ *Woodford*

We may not be able to take a successful idea and place it in another geographic / demographic area.

However, we must learn from one another and share success stories. What have we got to lose?



Special mention to...

- ❖ Morayfield & District (+8 members)
- ❖ Toowoomba West (+10 members)

- ❖ Woodford (+11 members)

The collated responses will be shared with all Clubs.

Our Celebrations

- ❖ Currently, we are the **Number 1 District** for membership growth / retention.
- ❖ We are the **Number 1 District** for participation in Youth of the Year.

Congratulations to every Lion who has contributed to these successful outcomes.

Membership Quinella

Every Club (no matter the size) plays a valuable role in their community, and beyond. The benefits of inviting new members include...

- 1) More, or improved quality, service activities
- 2) Shared leadership responsibilities
- 3) Enhanced opportunities for social engagement
- 4) Increasing the possibility that your Club will exist in five years' time. That's rather important!

Where There's a Need, There's a Lion



Key Considerations

- 1.** Make sure your Club's **goals are clear and realistic**. Plan for success. Recognize people when they achieve them.
- 2.** **Communicate effectively**. Create an environment that's open and nonjudgmental. Encourage people to voice their opinions, and don't censor discussions. Keep Club members informed about what's happening.
- 3.** The more open and transparent you are, the easier it is to **build trust** and create positive, enduring relationships. We care!

Alan Brooks (Pine Rivers)

District Membership Coordinator

0413 897 708. brooks.family004@gmail.com

ASHGROVE THE GAP NEWS

At our recent Partners and Friends Meeting we celebrated a very special occasion for one of our members Ray Pascual who has been a member of Lions for fifty years. Ray joined Lions in January 1974 at Sunnybank, then due to work commitments he transferred to The Gap Lions Club in 1979 which later became Ashgrove The Gap Lions Club. On behalf of our Club Ray congratulations on what you have done as a Lions member serving our community.

Ashgrove-The Gap Lions Club will continue to work busily with Trek2Health continuing to carry out BBQ'S for the First Responders and Returned Service Personnel.

At our Partners and Friends meeting in May, we will be welcoming our Guest Speaker Associate Professor Dr. Nadeeka Dissanayaka from University of Queensland Clinical Research Centre who will be presenting on her research conducted on Dementia, Parkinson's Disease and Alzheimer's.

Friends of Lions-Community Connectors

In May, Ashgrove The Gap Lions Club will be having an official launch of Friends of Lions-Community Connectors where we will be encouraging members of our community as well as the Corporate Community to consider joining Friends of Lions-Community Connectors at a small cost. This will also provide benefits and allow you to give back to the community through our Lions Club, even though you may be working full time and cannot volunteer on a regular basis but would find time periodically to do so. The feeling of giving to those in our community along with volunteering alongside likeminded people is very rewarding and gives those who are doing so the pleasure of helping others.

SAVE THE DATE

30th May – BBQ at The Gap State School for their Stem Expo

31st August – Serenata Singers Concert at The Gap Uniting Church from 2pm to 5pm

Lion Allan Turner

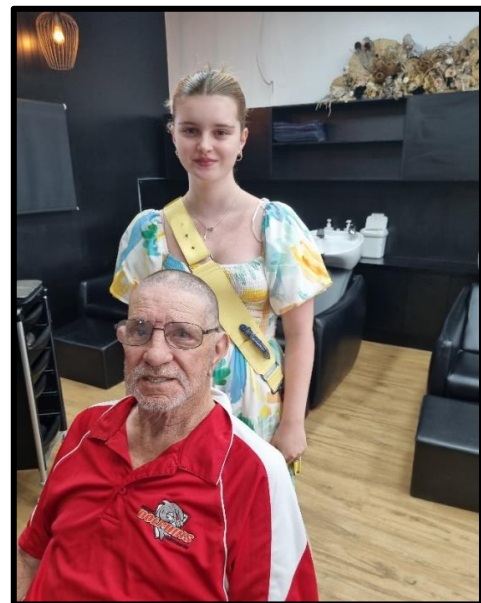
WORLD'S GREATEST SHAVE

For the past 15 years Lion John Pamplung, of the Lions Club of Redcliffe Central, has begun each new year by letting his hair and beard grow wild and then at the end of March off it all comes.



Before

'Shaving for a Cure' in aid of the Leukemia Foundation John has raised over \$8,000. This year John raised \$600 in sponsorship. A great achievement. Well, done John. I'll let you, as readers, decide if there is any improvement or change in his appearance.



After

Lion Barbara Matthews



We Serve

The Lions Club of Brisbane Inner North

invites all Lions, Leos, family and friends to

District 201Q3 Changeover Dinner 2024



- Celebrating IPDG Andy's and Lion Fodhla's year
- Welcoming DG Richard and Lion Debbie



Saturday 13 July 2024

at

Kedron Wavell RSL

Kittyhawk Room 21 Kittyhawk Dve Chermside

Arrive from 6.00pm for a 6.30pm start

\$50 per person

2 course meal (with tea and coffee)

Dress Code – Ladies: After 5 Men: Jacket & tie

RSVP by 3 July

District 201Q3 Changeover Dinner 2024

We prefer payment by Direct Deposit to

BSB 084004 Account 89219 8760

Please send your acceptance to

debnrich@netspace.net.au

by 3 July

Club.....No attending.....

Names

Mobile.....Email

Food allergies (whose).....

.....

For any questions please contact

Debbie (0488 406 371)



We Serve

TOOWOOMBA WEST ASSISTS MENTAL HEALTH ART PROGRAM

Lions Club of Toowoomba West became aware of Momentum Mental Health Art Program via a member of our Club who advised that the program could benefit from a small donation of art supplies.

At a recent Board Meeting of the Club, approval was obtained to donate \$150.00 towards this project and it was decided that we would purchase the items required for the Group.

In a further discussion, an anonymous donor had offered to match the Club's donation which would allow us to increase the donation to \$300.00.

Contact was made with Momentum Mental Health and a discussion followed with Sarah, their Art Program Supervisor, who advised that currently the budget was tight, and any assistance would be welcome. She had provided us with her wish list and purchase of the required items commenced.

At the end of her presentation, Lion Merv Symons made the presentation of the art supplies for the Group and hoped that the items would assist with their ongoing work.

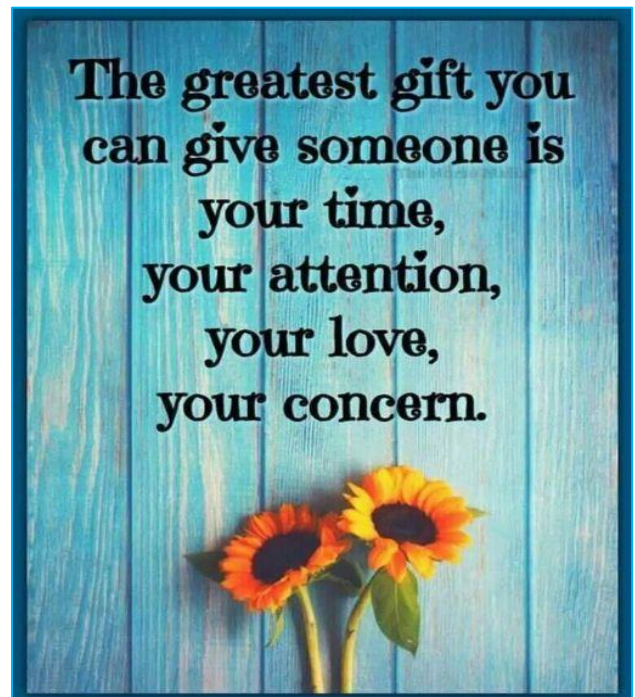
The Art Program supports both Toowoomba and Warwick programs and assists some thirty-six clients each week. The Club is currently sourcing an electric pencil sharpener to further help the group and once obtained the item will be passed onto the Group.



*Lion Merv Symons
Lions Club of Toowoomba West*



On Wednesday 17 April 2024, Wendy Green, Communication and Partnership Manager from Momentum Mental Health, visited the Club as Guest Speaker. She provided a passionate overview of what they do, and her presentation was appreciated by all members in attendance.



ST JOHNS ANGLICAN COLLEGE LEOS AND LIONS CLUB OF FOREST LAKE CLEANUP

On Sunday 3rd March 2024 for the Australia Day Clean Up the Lions Club of Forest Lake and St Johns Anglican College Leos picked up ten bags of garbage along the back of the Forest Lake Shopping Centre, College Avenue and Forest Lake Boulevard to our beautiful lake.



So many items picked up are not good for our wildlife. This project happens every school term and meets Lions Environmental initiatives.

A great way of getting to know your community and keeping our suburb clean.

*Lion April Lindel
Leo Advisor*

GETTING REVVED UP FOR REDCLIFFE CONVENTION



**4TH 5TH 6TH OCTOBER 2024
SOUTHERN CROSS CATHOLIC
COLLEGE**

**307 SCARBOROUGH ROAD,
SCARBOROUGH QLD 4020**

**REGISTRATION FORMS WILL BE
AVAILABLE SOON**

CHILDREN'S VISION SCREENING

I didn't know my eyes were bad, I thought they were ok.

Why should I be different to the others when I play;

I'd stumble over rocks and things and often bump my head;

"How come you didn't see that"? I often heard it said.

In fact, I really did see it, but it didn't seem so near,

And it looked a little hazy; it wasn't very clear; I often wondered why the other children where I play

Did not encounter all those things I met with every day.

They used to call me stupid and I always wondered why

The bigger kids would taunt me and they often made me cry.

My mum would hug and kiss me but she didn't understand

Just why her child just could not cope with danger lose at hand.

The teacher where I went to school thought I was really dumb.

"Your child appears backward", I heard her telling mum.

Then one day when I went to school, I wasn't really sure

Just why this group of people were waiting at the door.

They set up their equipment then called us one by one;

They covered one eye then the next, it seemed a lot of fun.

They were all very friendly; except for one old bloke;

He opened up this book type thing and told me where to poke.

He put some glasses on my nose, I wasn't sure just why;

And then he said to grab the wings and pull them off the fly.

Another test with colours and then to my surprise

They brought out this big camera and took a photo of my eyes.

They said it was a Lions Club who check for children's sight.

I'm not sure just what the Lions do they must have done it right;

'Cause mum took me for eyesight tests, at the local Tommytwist,

And now I see all sorts of things that before I must have missed.

The playground looks so different, things so crisp and clear;

And mum's a happy lady now without ongoing fear.

My new glasses don't bother me, I wear them every day.

And thanks to Lions my mum don't care when I go out to play.

Reprinted with kind permission of Greg Dunn



CAKE & MINT PORTFOLIO May 2024

My article this month will consist of several reminders, this information is very important to your Club.

Taking part in the Cake & Mint Programme comes with a few rules and I think it is very important to remind you all what these rules are and why we have put them in place.

- (1) All orders placed between January and June each year MUST be paid for with the order. In other words, these accounts MUST be cleared by the 1st July each year.
- (2) Refer to (1) this account CANNOT be held over once the new Lion's year commences.
- (3) Come the 1st July you MUST use the new order form that will be available from that date. No orders will be filled on old order forms.
- (4) Speaking of payments, Traditional Foods each year give you, our Clubs, until the end of January the following year (e.g. peak period this year is between August '24 to December '24 and all payments MUST be finalised by 31st January 2025).
- (5) Refer to (4) after the debacle this year with a handful of Clubs there will be no extension on finalising your payments. These MUST all be cleared by the end of January 2025.
- (6) Remember that the 1.5kg Cakes will now come in a carton of 8 and not 10. This is happening now, as from the 1st July the order form will reflect the price of a carton of 8, until July using the current order form (which still shows 10 to the carton) Traditional Foods will amend your invoice amount.
- (7) IMPORTANT NOTE – the RRP for this year will remain the same, that is – 1.5kg Cakes \$20, 1.0kg Cakes \$16, 900gm Puddings \$16 and the new product the 400gm Pudding, price is yet to be determined.

- 8) The smaller size Pudding is a great way to test the waters in your area, particularly if you do not sell Puddings to date.
- (9) As with the small and large cakes, having a small and large pudding means that we should capture all tastes out there is community land. So why not buy a couple of cartons to see what your market will be for the smaller variety.
- (10) Don't forget the 80gm Minis either, these seem to do very well, improving in sales each year. Look for outlets for this product as well. A few ideas to try –
 - Coffee Vans (Cake & Coffee deal)
 - Waiting Room at dealership when having your car serviced.
 - Funeral Homes
 - Use your imagination.
- (11) With any Mint orders please remember that these need to be paid for with the order, if you have an outstanding amount for 150 days, any further order will be held until your account has been paid in full.
- (12) Please remember that I am here to assist you with any problems, any ordering hiccups and of course any issues with payments etc. Please do not leave it until it is a major problem, call me before it gets to that point, we can sort it out and fix it in a timely manner.
- (13) I am continuing in this role next year and again please remember I am here to help.



Kaye Smith (PDG)

District Q3 Cake & Mint Chairman
lion.kayesmith@bigpond.com
0477 212 242



Clubs are encouraged to learn more about the **Australian Lions Wellbeing Foundation**.

1. Become a member

Being a member of the Australian Lions Wellbeing Foundation helps fund our range of programs.

2. Book an **ALWF zoom presentation** for one of your Club or Zone meetings.

Our presenter, Lynsey, will happily spend 40 mins giving you an overview of all our programs and answering your questions.

3. Tells family, friends and local schools about our **key projects**. (Click on the links below)

- Tune In Not Out tuneinnotout.com our youth health and wellbeing website.
- [Freedom to Feel Fantastic](#) our positive body image and self-esteem campaign – fantastic for schools and Leo groups.

Did you know?
Gratitude...

- * Shields you from negativity
- * Makes you are least 25% happier
 - * Rewires your brain
 - * Eliminates stress
 - * Heals
 - * Improves sleep
- * Boosts self-esteem and performance
 - * Enhances the law of attraction
 - * Improves relationships

The greatest wealth is health.

Alan Brooks – Director
Australian Lions Wellbeing
Foundation
brooks.family004@gmail.com

WORTH WHILE WATCHING

Worth		World
While	on the	Wide
Watching		Web

Do you have any links you would like to contribute? Please send them to cabsec.q3@lions.org.au

https://www.youtube.com/watch?v=jSTzd8_d-BM – really kicks off about 35 seconds in

[Navigating Lion Portal as a Club Officer \(youtube.com\)](#)

[Jacob sings 'Puttin on the Ritz' by Fred Astaire | The Voice Stage #18 \(youtube.com\)](#) – that’s a surprise

TOOWOOMBA CITY KINGS
COLLECT RING PULLS



The Toowoomba City KINGS (formerly the Lioness Club of Toowoomba City KINGS) are currently working on three Projects.

Collecting glasses, stamps and ring pulls. At the recent Convention in Millmerran, ring pulls were presented to PCC Rod Chignell.



**LIONS CLUBS INTERNATIONAL TOP TEN YOUTH CAMPS
AND EXCHANGE CHAIRPERSONS AWARD**

In mid-July 2023 Immediate Past District Governors received an email from Lions Clubs International, requesting nominations for the prestigious Top Ten Youth Camps and Exchange Chairperson Award for the fiscal year 2022 – 2023.

The success of the Youth Camps and Exchange (YCE) program can be attributed to the unwavering dedication of Lions members around the world who serve as YCE Chairpersons. They not only serve as travel, activity, and safety coordinators, but as mentors and confidants for the youth and families participating in the YCE Program. The annual Top Ten Youth Camps and Exchange Chairperson Award recognizes and honours those Lions who go above and beyond their duties as YCE Chairpersons.

I am very Proud and Honoured to announce, that at the October Lions Clubs International Board of Directors meeting our nomination of **Lion Geoff Moor**, has been selected to be awarded with this prestigious award.

Congratulations to Lion Geoff on receiving this honour in our District/Multi District, well deserved.

Lions Club International will recognize Geoff, and the other nine recipients, of the Top Ten Youth Camps and Exchange Chairperson Award on the Youth Camps and Exchange Web Page.

Other Recipients:

Lion Leila Terezinha Lucas Fernandes
District LD
8
Brazil.

Lion Werner Abriss
District 111
MS
Germany.

Lion Zina Gocheva
District
130
Bulgaria.

Lion Sanjoy Kanti Saha
District 315
A2
Republic of Bangladesh.

Lion Hidenori Kawashima
Multiple District 334
Japan.

Lion Valerie Grandet
Multiple District 103
France.

Lion Marco D’Auria
District 108 IB4
Italy.

Lion Ana Lila Gonzalez de la Cruz
District B4
Mexico.



Youth Camps and Exchange (YCE) has programs all around the world and is designed for young people between the ages of 15 and 22 to create and foster a spirit of understanding among peoples of the world.

Lion Geoff was presented with his award and pin at our Club Meeting on 27 March 2024.

Lion Geoff's comments on receiving his award.

"The Youth Camps and Exchange Program is a perfect example of a Lion's purpose in action, because the camps create and foster a spirit of understanding among the peoples of the world. Our International youth have always wanted to learn about other people's cultures, and they eagerly learn from each other. The most gratifying part was seeing the relationships built at camp grow into life-long friendships, not only with youth but also the friendships I have developed with our visitors."

Lion Graeme Emery

Immediate Past District Governor
District 201Q3 2022-2023

Member:

Lions Club Morayfield & District Inc
Ph: 07 5432 4572
M:0409 698 132



LAND BASED INFLATABLE DEVICES

Inflatable amusement devices can be a hazard if they are not set up and operated according to relevant instructions. Poor inflatable set-up or operation can lead to:

- the amusement device becoming airborne during strong wind gusts
- the amusement device collapsing and trapping patrons, and
- injury to patrons on amusement devices where they can move freely without supervision e.g. an inflatable device (continuously blown) like a jumping castle.

Inflatable devices should be:

- secured and anchored with anchor points provided according to the manufacturer's instructions and relevant technical standards
- evacuated when wind gusts exceed the manufacturer's guidelines or when the wind gusts are over 40 km per hour
- installed with suitable impact absorbing mats if they are in areas where patrons can fall off the unfenced platform of the inflatable e.g. entrance and exits
- supervised at all times by people who are competent to operate the device safely
- monitored so a device is not used at the same time by more than the recommended maximum number of patrons
- monitored so electrical or other powered components of the inflatable cannot be interfered with by patrons, in particular children, and
- inspected regularly for wear or rips in the fabric.

Patrons should be monitored so only those of similar size and weight are on the amusement device at the same time. This will reduce the risk of injury to smaller patrons. Somersaults, flips or tackling other patrons should not be permitted.

If the land-borne inflatable device is continuously blown with a platform height of 3 metres or more plant registration is required.

*Lion Garry Bates
Multiple District
Risk Management Consultant*

OUR NEWEST LIONS FAMILY MEMBERS

A big welcome to the following new Lions who recently joined us. We all hope you enjoy your Lions experience.

Ashgrove The Gap	Jacinta Daly
Chinchilla	Kassandrah Liston
Gatton	Chantel Qualischefski
Kallangur	Dan Isele Lauren Isele
Lake Currimundi Kawana	Graham Gillion Deborah May
Maleny Blackall Range	Lance Knowles
Morayfield and District Transferred from Gympie	Ken Patterson
North Lakes	Craig Hall Kerry Anne Hall
Oakey	Rebecca Steer



Welcome

MEMBERSHIP AND ACTIVITY REPORT

These figures are correct as at 11.10am on 28th April 2024

Our total membership number this month is one thousand four hundred and thirty-eight, with twelve added and eight leave a gain of four for the month. Our positive growth continues and have an overall positive membership growth of 64 since July. We are well on our way of meeting our target of +1 per club for 2023-2024.

The Lion Portal Reports.

The format is a bit different and I'm still working out how to get all the statistics.

2,718 Service Activities

- 80 Diabetes
- 171 Environment
- 95 Childhood Cancer
- 208 Hunger Relief
- 89 Vision
- 2075 Other

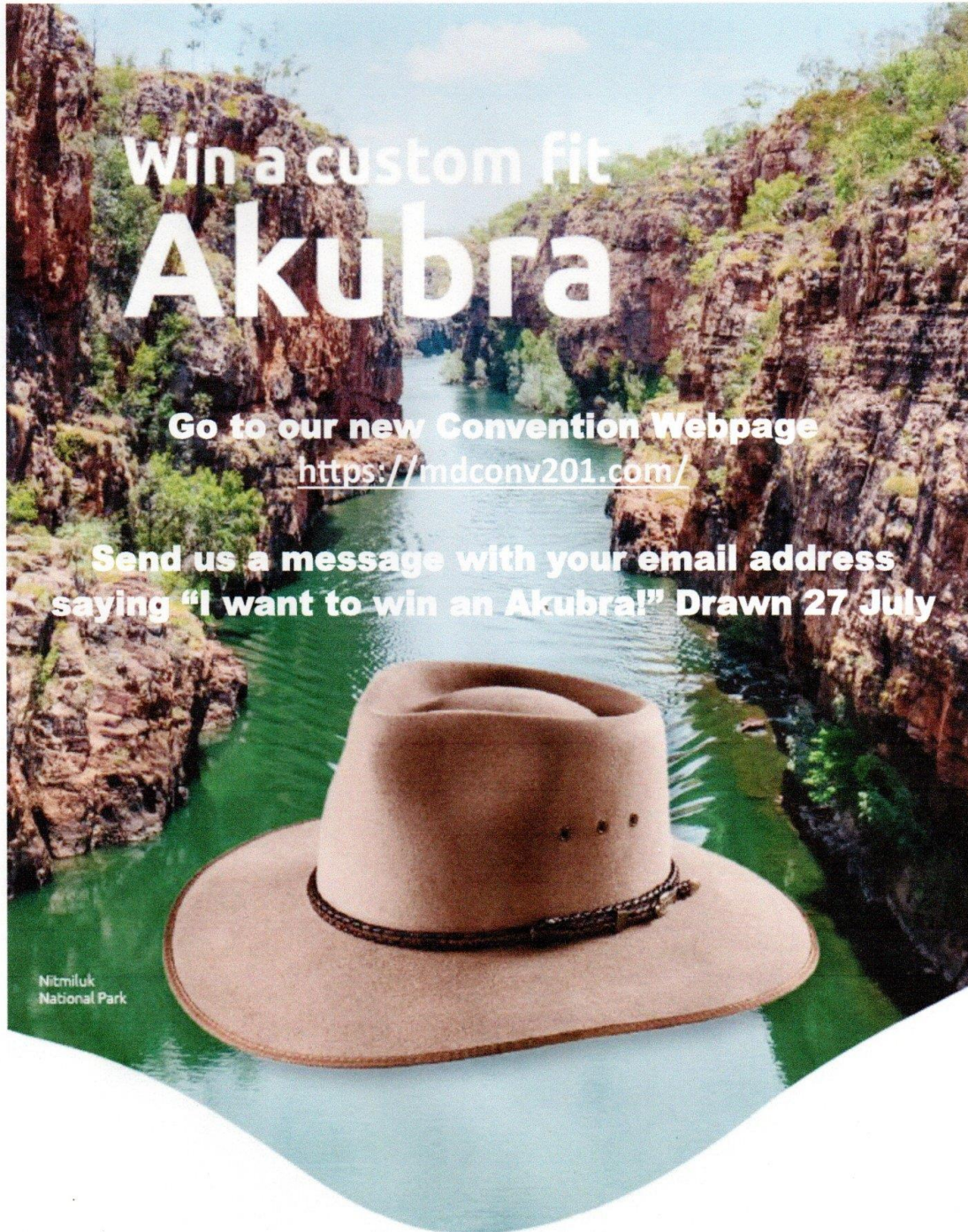
56 Clubs and 1 Leo Club have reported their activities, that is 1 more than last month. 11 Clubs have not reported any service. Please report your service a record year, at the end of the last Lions year we had 54 Clubs reporting service so well done all.

Barbara



Helen Keller Day ... 1st June

**Register your interest to attend the Multiple District Convention
Darwin 24th – 27th May 2024**



Win a custom fit
Akubra

Go to our new Convention Webpage
<https://mdconv201.com/>

Send us a message with your email address
saying "I want to win an Akubra!" Drawn 27 July

Nitmiluk
National Park

*Different in every sense
for business events*





National Volunteer Week (NVW) this year is running from Monday 20th to Sunday 26th of May. This special week-long event provides an opportunity to celebrate and appreciate the vital support the millions of volunteers in our country have given to the community. It also highlights the important role of volunteers in our communities, organisations and schools.

This 2024, the theme for National Volunteer Week is '**Something for Everyone**', which recognises the diverse passions and talents everyone brings to the act of volunteering.

Lions Clubs take on a major role when it comes to giving and supporting the various community, building projects such as Australian Lions Childhood Cancer Research Foundation, Lions Disaster Relief, and Lions Eye Health Program.

Australian Lions Hearing Dogs is one of Lions projects, initially founded in 1980. For forty-three years, Hearing Assistance Dogs have been trained and delivered to help Australians who are deaf or hard of hearing. Since 2022, Diabetic Alert dogs are also being delivered to Australians with type 1 diabetes. All of this being achieved free-of-charge due to the support of Lions all around Australia.

We want to thank all Lions for everything you've done for the organisation. Our Assistance Dogs wouldn't doing the amazing work they are doing today without you.

Belinda Henschke
Office Manager



Lions Club of Cecil Plains

Show & Shine



**CAR
BOOT
SALE**

**SUITCASE
RUMMAGE**

Saturday 25th of May 2024

**Cecil Plains Homestead on the Condamine River
Toowoomba Cecil Plains Road, 4407**



GATE OPEN TO THE PUBLIC : 10am

Entry: Gold Coin donation

PRESENTATION 1.00 PM



**Judged Show'n Shine Classes plus an additional prize for
best VINTAGE COSTUME of the day.**

**VINTAGE & CLASSIC CARS, UTES
MOTORBIKES VETERAN TO MODERN**

Hot Food, Softdrinks, BBQ

ENTRANT & STALL HOLDERS \$ 10.- Setup Saturday 9am - 9.30am

Event Organiser: Ann Hesbrook: 0417 647 954, email; cecil-plains@lionsq3.org.au

CAMPING: \$ 5.- pp/per night open Friday. Contact: Glennis Philby Homestead 07 4668 0098

Alternative Accommodation: Cecil Plains Caravan Park, Hotel Victory

Entertainment: Kids Rides

No Dogs

Check for updates on LIONS CLUB of CECIL PLAINS Facebook page

PEACE



LIONS INTERNATIONAL PEACE POSTER CONTEST

“DARE TO DREAM” International Grand Prize Winners’ 2023-2024 Peace Poster & Peace Essay Contests.

The International Winner of the Peace Essay is Yetka Yagiz Dermitas from Turkiye aged twelve years.

The International Winner for the Peace Poster is Fanjin Si from China aged eleven years.

The Merit Award Winner is Sofia Litinova from New Zealand aged thirteen years.

Congratulations to these very talented and amazing young people!!!

The International Winners will receive their Prizes at the International Convention in Melbourne in June. President Dr Patti Hill will present the USD \$5,000 awards to the Grand Prize Winners. The Winners also receive a beautiful Peace trophy.

There were twenty-four Posters from around the world in the final judging.

There were twenty-three Merit Award Winners who each receive USD\$500

I have reproduced the Winning Essay below. Theme “Dare to Dream” in 2023-2024.

2023-2024 Lions International Peace Essay Contest Grand Prize Winner Yetka Yagiz Dermitas aged 12.

“Drawers of My Mind”

Today I gathered all my courage for a long journey: And opened the drawers of my mind.

I started from the top drawer because the most used things are always at the top. I saw everyday topics there: What to do, study, eat, to brush teeth and many similar things. But these are not the main goals of my discovery. So, I gently closed the first drawer.

It was the second drawer's turn. I said, "let's find it this time". There resided slightly different things. What I keep as memories and symbolic items that left a mark on me. A key that my parents gave me to open the door. However, I never come home alone. Then I realized that it was actually meant to tell me that this is my home and that I am a part of this home. Then I saw the notebook my father gave me on my ninth birthday. On the first page he noted:

"My son, my pride, my dear ... I believe that you will take notes on many pages, like the ones on this notebook, and become a very important scientist. Wish you good luck, I love you. Your father".

As today's twelve years old Yekta Yagiz, I understand that my father gave me a very valuable gift; his trust.

With this understanding, I moved to the third drawer of my mind. This time I opened it with more excitement. And soon realized that it was pitch black. But black doesn't always mean darkness. I looked deeply at the very center of that blackness. I remembered how everyone is constantly telling me that "I can't do it, be careful, it's difficult". Then a glimmer of hope shining in my eyes said "Don't be afraid, Yekta! Dare to dream!"

I dared to see through my heart among the "actually blind" who closed their eyes to hope and imagination. I raised my head up to the sky and dreamed. As they said, I couldn't see colors, but I added a thousand colors to the rainbow in my imagination. White is not always bright, and black is not always scary. These are all misconceptions piled up in the drawers of our minds.

I didn't have a fourth drawer. We can't always find a new drawer to start over. But I can fill the empty black drawer with dreams. That's what I'm doing now. What I have done so far and my self-confidence proved that I am on the right track.

As my father's wish, I am on my way to become a scientist. This might be considered a dream for a visually impaired person. But I have the courage to make it happen.

I am a good swimmer and a good runner today. Only because I dreamed that I would succeed. Now it's time to continue to "dare to dream", without letting anyone stop me. My journey is full of hope. And it is ETERNAL.

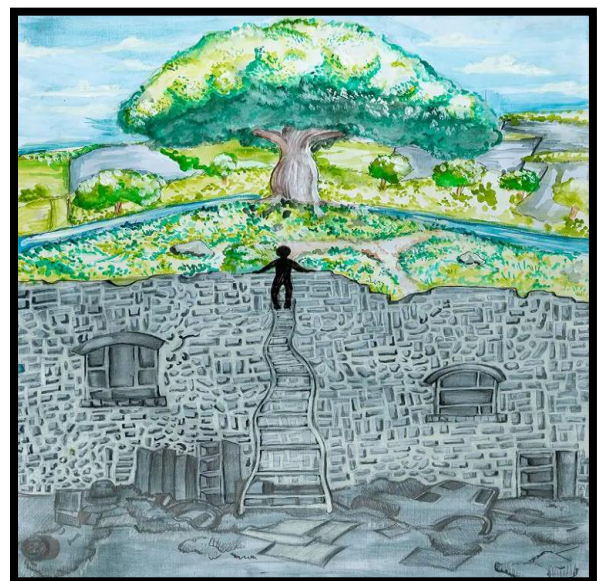
Below are Peace Posters: International Grand Prize Winner & Merit Award Winner

Theme "Dare to Dream" in 2023-2024.

Fanjin Si from China



Sofia Litinova from New Zealand



Now Promoting the 2024/2025 LCI Peace Poster and Peace Essay Contests

For members who missed the March District Newsletter here are the details again.

The Peace Poster is an art contest for young people conducted internationally by Lions Clubs International. The age bracket for students is 11, 12 and 13 years of age by the 15th November 2024.

The theme for both Contests this year is “Peace without Limits”.

These contests are easy to organise, usually through your local schools.

Don't forget the Quote is important. It needs to be relative to the poster's composition. In the end it can help determine the winning entry.

Details:

1. Drawings must be no smaller than 33cm x 50cm or no larger than 50cm x 60cm.
2. Art paper: to be flexible material so that it can be rolled up for mailing tube.
3. All artist's signatures or initials should be written on the back of the poster (upper right or left side of artwork).
4. Winner Sticker – attach on the back – lower right-hand corner on winning entry.

Peace Essay Contest

The Lions International Peace Essay is for visually impaired children in the same age bracket. Details of the Peace/Essay rules are in the Kit.

Clubs can purchase Kits from Lions Australia On-Line Shop:

www.lionsclubsshop.com.au.

The cost is \$25.00 plus postage.

Here are some great incentives for students to enter.

Prizes below:

- Club Level – Clubs decide on the prize and arrange payment of their prize
- District Level – District Winner – District donates a \$100 voucher
- Multiple District Level – The Australian Winner receives \$200 and a trophy
- International Level – International Winner USD\$5,000 and a Peace trophy.

The deadline and information for Clubs for the Peace Poster are as follows:

- Clubs Winning entries to be submitted to me by the 1st September 2024
- Clubs conduct their own Judging
- Clubs can post artwork in a mailing tube to my address provided below.
- Please follow the rules and regulations outlined in the Kit
- District Convention Judging: Dates are 4th to 6th October 2024

Lion Diane Unwin
District Chair 201Q3
LCI Peace Poster & Essay Contests
94 Copeland Drive North Lakes Qld 4509
M: 0418 904 999
brucendi@gmail.com



LIONS CELEBRATED 75 YEARS IN AUSTRALIA.

The Lions Clubs in the Moreton Bay area planted this 75th Anniversary Commemorative garden, on 17th September 2022 at Bribie Island with the assistance of the Moreton Bay Regional Council. It was officially opened by the then DG Graeme Emery in front of many of the Lions of the region.



2022

We thought that we would take a trip up to Bribie (25/2/2024) to check out how our garden was going. Whilst it is being looked after by the Council and the 'L' is looking very manicured (below) but it is a shame that the plants/flowers have not lasted and that they have not been replaced so as to enhance the 'L'.

Obviously, mulch continues to be added and it has unfortunately covered about one third of our sign. It is a little off the beaten track, on a positive note, it is still there and hopefully people that visit the park realise that they have Lions within the area that they can call on if need be.



2024

I feel we must continue to check on our garden to make sure that it shows Lions in a good light and not something that we do and then forget. It should stand out loud and proud.

PDG Kaye Smith



DISTRICT FINAL YOUTH OF THE YEAR PROGRAM

Oh what a night it was, it really was – to steal the words from an old Elvis song.

Yes, sixty-eight Lions Members, Entrants, Parents and Guests gathered at the Toowoomba Golf Club to hear the 'Cream of the Crop' present their answers to the Impromptu Questions and Speeches from six very presentable and highly motivated Region Finalists.

The day commenced at 9am with the judges receiving their final briefings and deciding on the Impromptu Questions to test the Entrants on their ability to think on their feet, during the evening. The first student, from Highfields, fronted the judges at 09:30am and the relief evident on her face upon completion of the interview was so palpable. Thereafter followed a steady stream until the last interview was completed at 3:15pm. Our judges, including last Year's District Winner, Sebastian Toms, did a sterling job in lasting the distance and arriving at a popular outcome.

The venue provided by the Toowoomba Golf Club was extremely satisfactory with the lighting setting the right soothing effect for the tensions of the Impromptu Questions and the prepared speeches to follow in the evening.

Entrants were to provide their 2-minute responses to "How do you personally define success and how do you know if and when you achieve it" followed by "If you wake up tomorrow as one of the 2,781 billionaires in the world, what would you do with your money". The responses were very enlightening from each student with the majority taking a similar path in each instance.

As is always the case, the prepared speeches ranged across a broad spectrum of community discussion from discussions on Transgenders in Sport to Lowering the voting age to sixteen. All topics were thought provoking, and I am sure would have stirred some spirited debate amongst attendees on the way to their respective destinations.

Our Overall Winner and Public Speaker, Gloria, was sponsored by the Lions Club of Brisbane-Bramble Bay, and a student at St John Fisher College at Bracken Ridge. Arriving from a West African country when she was still a baby, her address centred on the misunderstandings of the African Continent perpetrated by the media.

So, it is now on to the State Final in Cairns on 26th and 27th of April.

We all wish Gloria the very best of luck in Cairns. Whatever the result, we know that she would have done us proud.

I take this opportunity to thank all the Clubs who registered to participate in this year's Lions Youth of the Year, the Club Chairs who put in so much effort to encourage the Schools/Colleges to participate and to promote this premier Youth Project to their student community.

To the Clubs who put their hands up to host either a Zone or Region Final, I say a big thank you and to the Lions Club of Toowoomba West through their President, Bronwyn and the Committee headed by PDG David Orton, your planning and implementation of the District Final was magnificent.

PDG Rob Craig was the Master of Ceremonies for the evening and as a past District and State Co-ordinator, did a superb job in ensuring that proceedings were kept to schedule and did his very best to soothe the nerves of the Entrants.

I am very encouraged in speaking with other Clubs who did not have an Entrant this year, that next year will be even bigger and better.

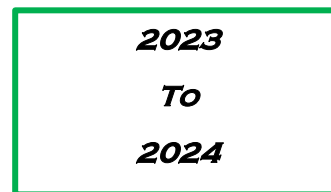
Please support the Lions Youth of the Year and in that regard, I will share some Statistics from this Years' proceedings:

Number of Clubs Registered: 29, Number of Entrants: Male 39, Female 59

Number of Judges engaged: 102, Number in Audiences across all finals: 1191.

Number of Government Schools: 24, Number of Private Schools: 23. Total Number of Schools Engaged 47.

Finally, a few pictures from the District Final:



PDG Doug Evans

AROUND THE WORLD WITH LIONS

THE THIRTY-NINTH IN A SERIES OF ARTICLES SOURCED BY LION LYN PYSDEN

HORSE POWER (PART 1)

For Lion Diane Besson, saving an old horse was just the beginning....

It was 2018 and Diane Besson was off to Muskego, Wisconsin, to pick up her eggs from the local CSA (community-sponsored agriculture) group she'd joined. As she pulled up to the farm, she noticed a couple of tiny horses in a nearby pen. The only shelter was a small fabric Quonset. One of the horses looked incredibly malnourished. "I couldn't believe he had survived our last winter living in that hut," she wrote in an article for Wisconsin Lion. She found out the horse's name was Victor, and when she asked the farmer what was wrong with him, he told her, "That's what an old horse looks like." She wasn't convinced.

She began to research horse care after watching his decline over several weeks. "It was apparent to me, but not his owners, that he was malnourished and would not survive another Wisconsin winter," she says. Other people must have been commenting too, because the owners had put a sign in front of his pen, saying, "This is what an old horse looks like."

Besson decided she would save him... .. **The Rescue**

Besson had never owned a horse before, so she went to her friend, Lion Robin Salerno, for help. She let Besson groom her horses so she could begin to understand horse care. Besson also needed to find a place to keep Victor. Salerno suggested they drive down the road to Jericho Creek Farm to meet Wendy Konichek. Besson instantly felt at home at Jericho Creek. "It had a calm, quiet energy to it, and I instantly liked Wendy," she says. Besson showed Konichek the photo of Victor. "You get him here and I'll make room for him," said Konichek.

Besson hadn't exactly made friends with Victor's current owner, so she sought help from her husband, Lion Dan Besson. "I needed his political expertise and negotiation skills to convince the farmer to give us Victor," she says. Dan went to talk to the farmer. He brought brochures for Jericho Creek Farm, and Besson credits that with convincing the farmer to let them take the horse. "I truly believe that seeing the brochures and the wonderful place Victor would be going helped convince the farmer and his wife to give me Victor. Granted, they weren't happy, but I think they knew I was an answer to their problem. They either couldn't afford to take care of Victor or were too ignorant of his needs. I think both."



Long in the Tooth

On July 25, 2018, Victor arrived at Jericho Creek Farm. All thirty horses whinnied a greeting to the tiny horse when the trailer pulled in. Diane began coming to the farm three to four days a week to help with barn chores and see Victor, who she learned was actually a Welsh pony. It turns out, he had a dental condition that is common in older horses. The term "long in the tooth" comes from the propensity of older horses to grow long, irregularly shaped teeth. Those teeth then make it impossible to chew properly, and the horse can't digest enough nutrients. So, they become malnourished. Victor was severely malnourished before Diane Besson stepped in.

Once his long tooth was addressed, Victor was able to start putting weight back on. And Besson, spending more and more time at the farm, began to see exactly what it was Konichek was up to at Jericho Creek.

..... **to be continued**

PAUSE FOR A CAUSE





GLOBAL CAUSE ... DIABETES
LIONS CAMP COCKATOO 2024

Lions Camp Cockatoo a project supported by District 201Q3, this year was held between April 6 and April 11 at the Sunshine Coast Recreation Centre Currimundi.

This year was the second full camp to be held after the initial pilot camp in 2022. I must report that it was the most successful Camp to date.

It was attended by twenty youths aged between 15 and 17 years of age, who had all been diagnosed with Type 1 diabetes. Some with relatively new diagnosis and others who had been diagnosed many years ago as young children.

The support team comprised of five Credentialed Diabetes Educators (CDE's), one Dietician /CDE and four Lions. Also one endocrinologist Dr Sofia Velosa who is a specialist in diabetes attended for one day's education. We also have two mentors who both have Type 1 diabetes, along with three of our CDE's.

The purpose of Cockatoo is to assist by way of Diabetes education and management skills for the youths to control and manage their T1 Diabetes.

Many arrive at camp with no diabetes management skills whatsoever all is managed by one or both parents but leave camp completely confident and able to manage their own Type 1 Diabetes. Such is the success of the expert tuition received at Camp Cockatoo.

It must also be remembered that for the first time they are in a group who each and every one have T1 Diabetes. They can relate to each other, learn from each other's ups and downs, they understand exactly what each other is going through and help each other accept that T1 is with them forever, not six weeks not two months but for the rest of their lives.

These youths have never had a sleepover at a mate's house, because of checks that need to be done during the night. They don't go on many school trips for the same reason.

Of course, also at the camp there are many activities, this year there was archery, caving, body boarding, pool party, beach games, Paint and Create, and of course the favourite trip to Australia Zoo.





GLOBAL CAUSE ... DIABETES

CONTINUED

Each day there were a minimum of two education lessons on how to manage T1, there was mental health input, how to carb count, diabetes burnout how to recognise it, how to safely have a pump break, and many one-on-one sessions with the CDE's.

Feedback from the youths revealed that Archery, Caving and Beach time were the favourites.

Mentors Jenna and Bailey were always on hand to provide guidance and personal experience on living a happy and successful life and still manage their T1 diabetes.

Bailey being a professional boxer was always a favourite and there were many chat sessions in relation to sport and having Type 1 diabetes, how to maintain levels while playing competitive sport.

By the end of camp, it was clear to see that each and every youth had grown in stature, were 100% more confident in managing their diabetes.

And of course, because this is a District 201Q3 Lions project there was an input by our current District Governor in relation to what Lions are all about, what we do, how we assist in disaster events, and our other projects, international and District.

And at the end of the chat there were questions in relation to Lions work and an interest in how to volunteer with a Lions Club.

It was encouraging to see the interest in Lions from these young people, something we do need to keep going in order that Lions can continue to build on for the future.

On departure day there were tears, lifelong friendships had been made new skills learnt and of course confidence in managing their Type 1 had been gained which is a platform for them to build on in the future.

I have to mention one lad who arrived on day one, very shy and reserved, stood back from the crowd with head bowed. Of course, this was picked up by support staff and all the young folk immediately.

It was heartwarming to see others in the group immediately taking him under their wing. All through the week we all happily watched his confidence grow, along with his ability to mix with other more outgoing young people. He was included in everything and was made a fuss of by the other lads in the group. When it was time to leave this same shy introverted young man, was walking tall with his head up high and smiling and feeling much more confident about life.

This is why we do Lions Camp Cockatoo.

We do have a Facebook page Camp Cockatoo Type 1 Diabetes Program. If you haven't already done so please go along have a look at it and follow us.

There are lots of camp pictures there along with Diabetes information.

*Gail Jones
Global Causes – Diabetes Awareness
2023-2024*





GLOBAL CAUSE ... HUNGER

Don't forget its World Hunger Day on 28th May every year.

It isn't too late to plan an event in your neighbourhood to help alleviate Hunger for those unable to provide a meal for themselves or their loved ones

We mustn't forget that those living rough may have a companion dog that also needs food.

There are many ways to participate in World Hunger Day -

* Provide and cook a Sausage Sizzle for homeless folk at one of the many organisations provide meals regularly.

*Provide and serve breakfast at a school Breakfast Club

*Start a street Pantry

* Volunteer at a Outreach Organisation – Rosies of the Streets or similar.

* Community gardens may need donations of seedlings

I hope I have inspired you and your Club members to participate in this year's World Hunger Day .



There are few things more satisfying than growing food, but running a close second is the joy of sharing the surplus.

It's a simple principle: some people have food they don't need while others need food they don't have.

If there is a need for a Street Pantry and there isn't one in your neighbourhood, make one. Maybe your local Men's Shed could help out here with their building expertise.

This is somewhere to share the veggies or fruit we can't use. It's also somewhere others can share their surplus and where those who need food can come and get it.

It's not only fruit and vegetables that could be placed here – tinned goods would be acceptable as well.

A pantry can be made entirely from storage pallets – dismantling them will be the most time-consuming task.

“No money, no judgement. Leave what you can. Take what you need.”

Sourced from an Internet Article

*Lion Jenny Tate
District Hunger Chairperson*



GLOBAL CAUSE ... **CHILDHOOD CANCER**

Just a reminder that the [March Newsletter](#) from the Foundation has now been posted on their website. While all Presidents and Secretaries should have received this link which I hope your Secretary has passed on to you, I would encourage you to check it out.

You can also subscribe to this newsletter by sending off an email to Sandy Royal (alccrf.secretary@lions.org.au) and she will put you on the list. Sandy is also the person to send any stories and pictures on your fund raisers to add to the newsletter. Please send them in to Sandy by the end of May. I am also sure that our own Newsletter Editor, would be happy to include your stories in our own Newsletter. Remember, the deadline for this publication is the 20th of each month.

While the Coin line fundraiser reached its target, the Foundation is happy to help Clubs who want to continue with this great idea to help raise funds for the cause. The March newsletter has all the details on this project and includes the suggestion that with the trend to move away from cash to cards, there is probably a lot of coins building up in drawers and jars around the country. Remember our attempt to raise one million coins from 1 and 2 and 5 cent coins raised over \$18,000 from the District for the Foundation. Let's see if we can top this number by continuing to run our own coin lines and sending the money raised off to the Foundation.

I will continue to provide you with information on the great results of funds raised by Clubs in the District via donations, purchase of awards, participation in the Lions Biggest BBQ, morning teas or any other events you can dream up to help raise funds for this important cause.

Finally, The ***Julikemychops*** fundraiser from last year that was restarted after COVID, has now been officially closed. My thanks to all Clubs and individuals who helped our District participate in this event. I am now working on how the chops can move on to helping raise funds for our Lions Prostate Cancer project.



Our Vision: 100% survival for kids with cancer

PDG NORM JENSEN

GLOBAL CAUSE... ENVIRONMENT



As we begin to wind- down our Lions year. What have we learnt from my environment reports of **Water Conservation and Protection of our Water ways?**

Water is the essence of survival, no matter what it is.

1. Life without water, every living thing would die (be it human, vegetable and so on).
2. Industry would grind to a halt (No manufacturing of goods, no jobs, no mining, no heating and so on).

So where does it leave us?????. If we do not protect what we have and use it wisely, we will be a barren planet with no chance of survival - forever.

Currently the TV is displaying ads, saying the Murray Darling River System is being overused, in fear of dying. Although the river system rises here in Queensland, more than three quarters of it flows through New South Wales, Victoria and South Australia.

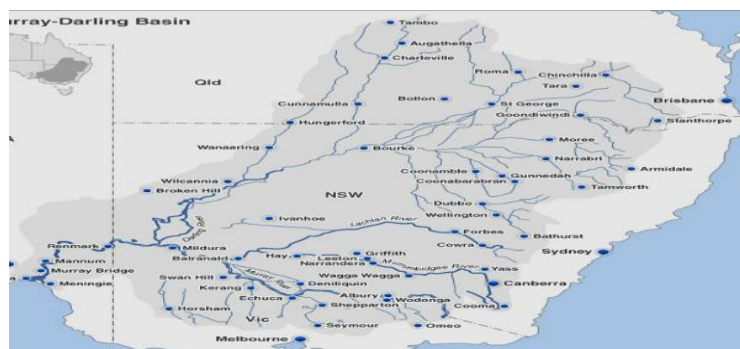
Queensland supplies about ten per cent of the water flow for the Darling River via the Condamine and Balone Rivers. We must remember that the Murray Darling is broken down into three main river systems that are revitalised by smaller rivers along the Darling River, which is 2740 km long, Murrumbidgee 1690 km, Murray 2530 km. before reaching the Southern Ocean in South Australia.

The Condamine has strict regulations on when water can be drawn from the river for the local farmers on the Darling Downs.

Western Queensland's Channel Country is a land that is watered by water flowing through multiple creeks, spreading across the landscape to form an inland sea. This water then seeps through the ground to help replenish the under-ground water of the Great Artesian Basin. The main rivers of the Channel country are the Georgina, Diamantina, and Coopers Creek (currently flowing as a result of the northern cyclones that passed over the area). Depending on the amount of water flow, will depend on how much water reaches Lake Eyre to keep it alive and for the migrating birds that frequent the area.

Summer has ended, autumn has arrived bringing cooler temperatures which should reduce the use of water for each household. With the increase of migration to our area, we should be careful with water usage, as our water storage dams are placed under extra stress to supply water to each new development, with NO plans for extra storage by governments.

Until next time be careful with your water usage for **EVERY DROP COUNTS**



*Lion Dell Emery
Environment Chair*