

LIONS FAMILY LINES



ISSUE 47 – JUNE 2023



“

You can't get very far until you start doing something for somebody else.

”



- Melvin Jones



THE OFFICIAL
NEWSLETTER
OF DISTRICT 201 Q3

LIONS CLUBS INTERNATIONAL
BIRTHDAY
7TH JUNE

“OUTBACK TO OCEAN ... TOGETHER AS ONE”

CONTENTS

- 3 District Governor Graeme's Notes
- 4 District Governor Elect Andy's News
- 5 Cabinet Secretary Barbara's Report
- 6 Toowoomba West Lions Share the Warmth
Maleny Blackall Range News
- 7 "Freibours" Frequent Kakowan Community
Centre for Coffees
Worth While Watching
Cabinet Training Day in Toowoomba
- 8 Ashgrove the Gap News
- 9 Lions Club of Toowoomba West 60th
Anniversary
- 10 Lions Club of Redcliffe Central Diggers Night
- 11 Mini Ride on Mower for Sale
Millmerran Convention Registration Form Link
- 12 Cake and Mint Portfolio
- 13 Your Membership Matters
- 14 Service Report
Lions Awareness Day BBQ
- 15 Club Risk Management
Dalby Club Officer Forum
- 16 Our Newest Lions Family Members
Membership and Activity Report
Called to Higher Service
- 17 District Changeover Invitation
- 18 Vale PDG Lion Robert (Bob) Goldsworthy
- 20 Woodford MEGA Cash Raffle Poster
- 21 Domestic and Family Violence Prevention
Month
- 22 District 201Q3 Convention News
- 23 Youth of the Year Report
- 24 Around the World with Lions
- 25 Convention Registration Form
- 27 Pause for a Cause
- 28 Global Cause – Vision
- 29 Global Cause – Diabetes
- 31 Global Cause – Hunger
- 32 Global Cause - Environment

NEWSLETTER DEADLINE

The deadline for the July edition of the Newsletter will be 20th June.

Copy received after the deadline, unless urgent, will be held over to the following month.

Please email your articles to
lionbeverleyg3@outlook.com

To ensure a quality print all photographs should be at least 1MB in size.



The Image Consent and Release Form from Newcastle is now a smaller document and can be obtained at -

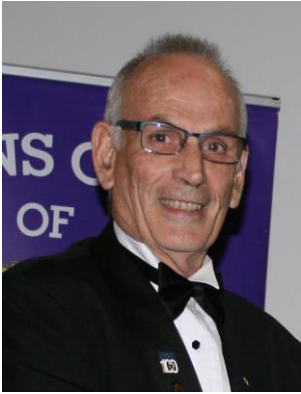
<https://lionsclubs.org.au/wp-content/uploads/2021/08/PHOTO-RELEASE-FORM-2021.pdf>.

I look forward to assisting the Clubs promote their many and varied activities via this Newsletter. Please do **NOT** format your articles as I use a template and I work to place your articles in the available space. Also, please do not send them to me in Publisher (I do not understand or use that programme).

A suggestion is that if you are placing an item on Facebook ... copy it through to me for consideration for the Newsletter. Remember, we are a National publication ... good news does travel. In the meantime, have a great month.

Beverley Bates
District Newsletter Editor

Disclaimer: The views expressed in this publication are not necessarily those of the District Governor, Cabinet Members or Editor.



DISTRICT GOVERNOR GRAEME'S NOTES



Hi Everyone

As I sit down and write my last report as your District Governor, I am at a loss to say how sad I am with the sudden passing of our esteemed Lion (PDG Bob Goldsworthy). It seems only last week that we were sitting down sharing a meal together at our Multiple District Convention. Bob was an extremely knowledgeable Lion, a person who you could turn to for advice, guidance, above all else he was a true gentleman. He will be sorely missed by all Lions. RIP Bob, now back in the arms of Carmel.

I must start by saying thank you to each and every Cabinet Officer for your continued support, participation at Cabinet meetings, for fulfilling your portfolio roles as well as generally promoting Lions and the work we do for both District and the Community.

To all my fellow Lions and Clubs thank you again for allowing Dell and I to visit your Club, converse with, listen to your plans for the future, more importantly that your members understand the direction on how District is evolving, to shore up the security/safety of Lions of 201Q3 continuing well into the future and beyond.

As I reflect on what has happened over the past three years as part of the District Governor Team, I look back at some of the challenges that have occurred over that period and wonder why they have taken place. Is it frustration left over from COVID, is it aggression towards others causing the discontent, whatever the problem ... **please talk it out, don't let it fester/snowball into something more sinister**, as we value your membership and your Clubs in the

Our Future relies on recruitment of more members. I put to you all, **Where do we start?** When Promoting things Lions do ... Is it through Facebook, Community Radio/TV, Lions Awareness Day at a Shopping Centre, sausage sizzles, wearing our Club shirts, or Lions pin. Has your Club got a Club promotional brochure with the Club's projects they undertake to hand out to the public?

Leos are another source of membership. All it takes is one Lions member to support a Leo's Club (maybe someone who can't undertake the heavy work anymore). I urge every Lions Club that supports a Leo's Club to pass on what type of work the Leo Club is undertaking, by reporting it back to our District Leo advisor, so it can be recorded.

Congratulations goes to the Kenmore State High School (Alpha) Leo Club for their Leo Challenge (a 100-metre line of 5 cent coins for Kids Cancer) They received a \$100 gift voucher to enjoy from Multiple District Convention.

In closing, I wish District Q3 all the best of fortunes for the upcoming year, be it with a touch of good Irish luck thrown in.

Be proud of what, how, and why we do what we do, consider your fellow members (KINDNESS MATTERS), lead by example. Continue to push the boundaries with our Service work. Let's continue to be pro-active, set the standard for others to follow.

Thank you all.

Be it from the "Outback to the Ocean - Together as One"

Graeme Emery

*District Governor 201Q3
2022-2023*



The Friday Shift at the Scarborough State School Vision Screening



DISTRICT GOVERNOR ELECT ANDY'S NEWS

G'Day Fellow Lions

Sorry, I am practising for Boston and the International Convention in July. By the time this Newsletter comes to you it will only be a matter of weeks till we fly. I am so proud to be representing, not only this wonderful District Q3, but Lions Australia at this world event.

The months of May and June are the months of transitioning from one Lions year to the next. Last weekend we had our Cabinet Meeting at Mooloolah Valley. What a secret wonderful place that is with a very progressive Club. Thank you for your wonderful hospitality. District Governor Graeme ably finished his last meeting with thanks to all that helped through his year, which has not been without its challenges, with Clubs in strife and of course his health. Throughout he coped without too much grumbling, not sure what Dell would say about that. We thank both District Governor Graeme and Dell for their leadership.

We now start on the Incoming Club Officers' Forums. My thanks must go to Mark Bates, Past District Governor Donna Hedges, Allan Brooks, Debbie Williams, and Barbara Matthews for their dedication to these Forums. Several meetings and multiple cups of coffee were needed, without their expertise and knowledge I would not be able to manage. To those Lions who have registered, I know you will leave with so much knowledge that you will be bursting to start you position in your Club!

Planning continues for our Millmerran Convention. Please read Convention Chair Maryann's report. I will just let you know that the theme for the iced cakes is "In the Bush"

and Environment photo is "Water Conservation". Maryann has acquired the best auctioneer for the Cake Auction so get your planning hats on.

Q3 Change Over Dinner is on Saturday 22nd July at Pine Rivers Bowls Club. The invitation has been sent out so please get your names down. This is your chance to thank District Governor Graeme for his year. Past District Governor Steve Hood is organising it, both he and I will be in Boston from July 3rd to 18th July. We would love to have everything organised before we leave but unfortunately, I know it is not the Lion's way. This year make a change and get your names down and the dinner paid for early.

At this time of year, with the changes of temperatures, flu always seems to raise its' ugly head. I know several Lions in the District have succumbed to it. Please take care, look after yourself, rest up, drink lots of fluids and if in doubt have an Irish Hot Whiskey. Recipe is available on request!!

Also, I cannot finish this report without mentioning Past District Governor Bob Goldsworthy. It was such a shock when I heard as I had talked to him only two days prior. To his family, friends and his Lion's family I send my deepest sympathy. We have lost a great man who was also a Lion.

Keep warm, keep healthy and do what we do best – WE SERVE.

Andy FitzGerald

DGE 201 Q3 2023/24



Venue for Club Officer Forum in Fernvale



CABINET SECRETARY BARBARA'S REPORT

This is my final Cabinet Secretary's article for the 2022-2023 Lions year. Thank you to District Governor Graeme for having faith in me and inviting me to serve on your cabinet. Thank you to Richard Williams, my predecessor and my mentor over the past four years. A thank you too to all of the Club Secretaries that have made my job so much easier by performing your roles so efficiently. Don't despair I am continuing as Cabinet Secretary for the 2023-2024 Lions Year.

We can always learn and improve so I hope that as many of you that could have gone to the Club Officer Development days, Fernvale and Dalby will be done and dusted and Wamuran and Bardon will be in a few days-time when this District Bulletin is published. I urge all of you to log into the Lions Portal click on the Learn icon, click Online Training, click Lions Learning Centre, click GO, choose content library and then Club Secretary Learning Path. This is really important and especially so if you were unable to attend training, PLEASE do this module.

For those of you that were able to attend the Multiple District Convention on the Gold Coast from 28 April to 1 May 2023 I hope that you enjoyed it as much as I did. There are some great links to YouTube videos that I sent out to Clubs with some of the highlights. Our 3rd International Vice President A. P. Singh was a keynote speaker. What an inspirational Lion, we will be in for a great year 2025-2026 when he is out International President.

How are your preparations going for your Club Changeovers? I hope you get the opportunity to attend some of your neighbouring Clubs' events it is good to have those links and the fellowship is always a bonus. Don't forget the District Changeover Saturday 22 July 2023 at Club Pine Rivers. Brav Park.

This is a wonderful opportunity to celebrate District Governor Graeme's year and welcome District Governor Elect Andy with your fellow Lions.

Another reminder that MyLion, MyLCI and Insights together with some additional tools will be combined into a unified model called the Lions Portal. Make sure your Lion Account information is correct in MyLCI and you have a unique, unshared email address. To learn more, go to lionsclubs.org/portal-updates.

To all the secretaries that are finishing their roles at the end of June, thank you again and I hope that you had a great and rewarding year and will consider returning to the role again some time. I hope you are able to tell your fellow Lions how much you learnt and that it is one of the best roles in the Club. Don't forget Club Secretaries to enter no changes to membership by the 27th of the month.

As always, I am here to assist, please ask.

*Barbara Matthews
Cabinet Secretary 201Q3*



**PDG Norm Alcock cutting his birthday cake on Saturday morning at the Management Meeting.
HAPPY BIRTHDAY NORM**

TOOWOOMBA WEST LIONS **SHARE THE WARMTH**

In late April our Club was approached by a Lifeline representative to see if we would again support their “Share the Warmth” Winter Appeal. The Club had previously supported the appeal in past years and the invitation was extended to again provide support. After discussion with Club President, Cheryl Orton, we confirmed that the Club would again support the appeal. Project Chairman Lion Merv Symons organised purchase of blankets, beanies, and non-perishable items for presentation to Lifeline.

On Thursday 4 May 2023, Club representatives attended Lifeline’s Head Office at 33 Russell St Toowoomba for the launch of the annual “Share the Warmth” Winter Appeal. Lifeline Darling Downs and Southwest Queensland Acting CEO Rachelle Patterson has advised “that compared to twelve months ago, the demand for their services has tripled with people seeking assistance with food, clothing, financial support, and emotional support. The Club’s donation of over forty blankets, twenty beanies and non-perishable items will assist Lifeline to provide this vital support to those families in need. “The support of Lions Club of Toowoomba West is truly appreciated as the weather was turning cold and the demand for warm items was increasing”, said Rachelle

Project Chairman, Lion Merv Symons said, “Lions Club of Toowoomba West Inc is privileged to have been able to support the appeal and has put the challenge out there for other Clubs and organisations to assist Lifeline with donations to help those less fortunate than ourselves.” These donated items have provided much needed resources to service those in need and support the Lions Motto “We Serve”.

All donations received will be used to help provide staples to local people including food, warm clothing and blankets to those who are struggling.

*Lion Merv Symons
Project Chairman
Lions Club of Toowoomba Inc.*

MALENY BLACKALL RANGE **NEWS**

The March dinner meeting was held at the Maleny Hotel. Doug Evans who is the General Manager of Barung Landcare was our Guest Speaker. Doug’s speech was very interesting and informative and showcased the projects undertaken by Barung staff and volunteers and touched a little on funding these projects. We invite any members who wish to know more about the environmental projects undertaken by Barung to contact them direct or look at their website which has a wealth of information. We are so lucky to have these passionate people in our community to conserve and enhance the rich diversity of natural resources of the Blackall Range and surrounds.

The venue was very functional for our meeting and the food was good, hot and tasty and the service fantastic.



At the presentation – Left to right – President Cheryl Orton, Lion David Orton and Lion Robyn Bishop



**'FREIBOURS' FREQUENT
KAKOWAN COMMUNITY CENTRE
FOR MORNING COFFEES**

Have you been to the Kakowan Community Centre at James Drysdale Reserve?

Located on the corner of Pine Hills Drive and the Jinker Track at Bunya, the centre is a one-stop destination for all your community needs. Whether you're a coffee lover or a bookworm, a fitness or sporting enthusiast, there's something for everyone.

Sandy Preston and her group of local self-named "Freibours", are six ladies who are friends and neighbours, and they regularly meet at Kakowan for their morning coffee and birthday celebrations.



Sandy Preston (second from the left) and her group of 'Freibours' regularly meet at Kakowan for their morning coffee.

Furthermore, Sandy is a volunteer at the Pine Hills Lightning Baseball Club whose fields are also located in the reserve.

"It's a perfect blend of a community atmosphere in a relaxed setting.

"The Lions do a fantastic job serving our coffee," says Sandy.

The centre is managed by the Golden Valley Lions Club with the full-time barista ready to serve the perfect cuppa at 7:00am daily. Equipped with event spaces perfect for hosting yoga, dance, pilates, book clubs, training sessions and includes boardroom spaces. With affordable rates and air-conditioned rooms, kitchen facilities, and clean bathrooms, you can rest assured your event will be a success. For more information, search "Kakowan Community Facility Bunya" on Google and Facebook or email us at info@kakowan.org.au with any questions.

Worth World
While on the Wide
Watching Web

Do you have any links you would like to contribute? Please send them to cabsec.q3@lions.org.au

["Some Hobby That I Used to Know" - "Somebody That I Used to Know" adapted by the Marsh Family - YouTube](#) Is this what caused to lose us members after Covid?

[Harry Belafonte & Odetta - A Hole in the Bucket \(Live\) - YouTube](#) This clip took me back to primary school music class). However, our version did not have their facial and vocal expressions. And I certainly did not enjoy music as much as they seemed to enjoy singing this

[lions australia - YouTube](#) - see highlights from the MD Convention

**CABINET OFFICER TRAINING
DAY IN TOOWOOMBA**



ASHGROVE THE GAP NEWS

On Sunday 21st May, our club supported Ashgrove Meals on Wheels to celebrate fifty years in our community by conducting a BBQ for those people and staff attending the celebration. Meals on Wheels provides meals in accordance with relevant nutrition and dietary guidelines at a low cost to assist people to remain independent in their own homes.

At our Partners and Friends meeting at Zegatos Restaurant in Ashgrove Golf Club on 23rd May we welcomed the Director of the Lockyer Valley Fruit and Vegetable Processing Company who spoke about the Fruit and Vegetable Industry in that region.

Upcoming Events:

On 4th June, incoming Board Members of Ashgrove The Gap Lions Club will be attending a training day at Voices of Birralee to prepare them for their roles in the Club over the next twelve months.

Our Club will be conducting BBQ's for Trek2Health on 6th June 9th June, 13th June, 18th June, 20th June and 27th June.

Members, Partners and Friends will be attending a Thank You Morning at Trek2Health on 11th June with thanks for donating 50% of funds to purchase a treadmill for use in supporting front line workers and veterans to improve their mental and physical health and well-being. Our Club looks forward to presentations regarding chronic stress, having nutrition for well-being, behaviour change and gratitude and empathy, as well as going for a 1.5-kilometre walk around Enoggera Reservoir.

On 2nd July our Club will conduct their annual Changeover from the Outgoing Board to the Incoming Board for the next twelve months. This is an opportunity for Ashgrove The Gap Lions to celebrate their work in our community and recognize the work and commitment from previous Board Members. This event will be held from 2pm to 4pm at the Ellis Room at Ashgrove Golf Club.

NATIONAL LIONS PROJECT

Did you know that since 1980, Australian Lions Hearing Dogs (ALHD) have provided a

set of 'furry ears' to many hundreds of Australians, this is all made possible from the ongoing support of our generous donors and the Lions Clubs across Australia. Each Hearing Assistance Dog costs Australian Lions Hearing Dogs just under \$40,000 to train, deliver and support. However, they go to their recipients free of charge, a gift from Australian Lions Hearing Dogs and the Lions Clubs of Australia in helping the Australian community.

One in six Australians has some form of hearing loss, with this number expecting to rise to one in four by 2050. Severe or profound hearing loss currently affects close to 400,000 people. Whilst hearing loss impacts all ages, the numbers are greater in the older generations.

The technological advances with hearing aids and cochlear implants continues to improve. However, there are times when something extra is needed. This is where the complementary assistance of an Australian Lions Hearing Dog makes a real difference.

The technology embedded in hearing aids and cochlear implants is consistently evolving and is significantly enhancing the quality of lives for many Australians. They do not however work for everyone living with hearing loss and people don't wear their devices all the time, for example, removing a hearing aid when going to bed. Whether as a stand-alone or complementary assistance to hearing aid devices, our Hearing Assistance Dogs provide help in day-to-day living, as well as provide an added level of assurance and emotional connectedness in peoples' lives.

A number of years ago, our club sponsored a Hearing Dog for Elizabeth who used to live in Windsor in Brisbane and recently our Club visited the Multiple District Lions Convention and we visited the Lions Hearing Dogs Foundation and were fortunate to see Elizabeth again with another Hearing Dog which provides proof of the commitment of Lions Clubs to supporting our community.

Leading into Christmas in July, we have Christmas Cakes and Puddings for sale if anyone in our community would like to purchase a 1.5kg Cake for \$19, 1kg Cake and 900gm Pudding for \$15 as well as an 80gm Mini Cake for \$2. Enquiries can be made visiting the link to our website or Facebook page.

Lion Allan Turner

LIONS CLUB OF TOOWOOMBA **WEST 60TH ANNIVERSARY**

Lions Club of Toowoomba West has celebrated 60 years of service to the Toowoomba Community with a dinner on 5 April 2023. The dinner was attended by over ninety people including Member for Toowoomba North, Councillors, other Lions Clubs and a great roll up of current members of Toowoomba West.

It was rather fitting that we held the dinner at the Burke & Wills Hotel, because it was at a meeting held at Lennons Hotel on January 21, 1963, that sixteen prospective members were prepared to join a second Lions Club in Toowoomba, with the then local Mayor Jack McCafferty chairing the meeting. A vote was taken to form the Lions Club of Toowoomba West, with charter President Len Walker, Secretary Allan Robertson and Treasurer Bill Goulds duly elected.

The first club project was the building of an extension to the Rangeville Scout hut. Next a folding mobile stretcher for the Toowoomba Ambulance, purchased from funds raised at a Gowrie Road Hotel cabaret evening, and a washing machine for the Mothercraft Child Care Centre.

Also in our Charter Year of 1963, arrangements were made for the Lions Industries and Hobbies Fair to be held on the Myer Roof Top. This became one of the great attractions of Carnival of Flowers week with admission charge being set at two shillings. The Lions Industries and Hobbies fair was held annually for about ten years. The 1964 Fair saw the birth of a new idea, and the *Great Western Lions Train* (now known as *Happy Harry*) was built by members to offer rides for children at six pence per ride. The train has been a great public relations exercise for the club ever since.

In 1968-69, the club turned a wilderness of lantana, old tanks and dumped household rubbish at Picnic Point into a beautiful Lions Park.

This on-going project has become a great picnic and family recreation spot for Toowoomba, and the venue of our Lions Train, Happy Harry, with other improvements being made over the years with playground equipment, the Rocket, barbecues and shade shelters, and a sealed track for the train.

Other notable early projects were the funding of a Dialysis machine for kidney patients at the Toowoomba General Hospital with the machine being imported from Brussels. Club was also involved in the hailstorm disaster which devastated south-east Toowoomba in 1976 and assisted with financing a new roof to a part of St Vincent's Hospital. In 1990, the club raised \$25,000 for a van and wheelchair hoist to assist arthritis sufferer and foot and mouth painter John Butler. In September 1991 new ground was broken with the introduction of two Ladies to our Lions Club.



In 2003 our Club was invited to help the Burstow family with their Christmas Lights show at their funeral home in Ruthven Street south. Club members assisted with erection of lights and conduct of this project until the activity became too large for its venue. In 2007, our Club was asked by the Burstow Family to take over management of the event and lights were handed over to our Club by Burstow's to continue the tradition with the event being moved to Queens Park Botanic gardens.

This event has been planned and held each year since that time and has become a major project for the Club. Over the past 20 years, more than \$1.32 million dollars has been shared with the Toowoomba Hospice, The Toowoomba Hospital Foundation, Lifeline Darling Downs, as well as the Toowoomba Historical Society, the SES, the Girl Guides and numerous other smaller charities.

Lionism is not a religion but a way of life, offering a great sensation from within – the love of Service to our Community. Our Club looks forward to the future with the hope of making the ensuing years even richer through Lionism.

Lion Merv Symons

LIONS CLUB OF REDCLIFFE **CENTRAL DIGGERS NIGHT**

Our 43rd Diggers Night on Thursday 20 April went well with an interesting guest speaker. As in previous years it was an interesting and entertaining night with good food, good company and a fabulous multi-prize raffle was enjoyed by all! Donations of \$1,000 to *Mates4Mates* and \$500 to *Legacy* were made on the night.

In attendance were thirty Veterans, District Governor Graeme Emery and his wife Lion Dell Emery (both ex- RAAF Service personnel), our guest speaker Emma, and fourteen of our Lions club members, and seven extremely hard-working Lions Club of Redcliffe Central Auxiliary, the caterers.

Our MC, and the chief organiser of this year's event was again Lion David Marsden [Commander RAN (Rtd.), who is also our Club President this year. Lion Ted Heyes gave a brief history of Diggers night, the first one, was held in 1981 as the result of a suggestion by one of our members that as a Club we should recognise ex-Service men and women and those currently serving. Since then, every year a dinner for the 'Diggers' has been held just prior to Anzac Day. In 2020 due to the Covid 19 pandemic and stay at home orders we held the event in November close to Remembrance Day.



Our guest speaker was Ms Emma Whitehead, the general manager of *Mates4Mates*, an RSL sponsored organisation that provides support services for veterans, currently serving members and those transitioning from Defence to civilian life as well as their families. It was interesting and very thought provoking. What great work.

DG Graeme gave a vote of thanks to Emma and she was presented with a cheque for \$1000 from our Club to *Mates4Mates*. Another cheque for \$500 was presented to Ms Carol Orr for *Legacy*.



A very special thanks must go to the dedicated members of the Auxiliary for their outstanding catering on Diggers Night. It is no mean feat to prepare and serve a delicious meal for over fifty guests.

Compliments on the meal were many with one 'first timer' telling President David that they had been told...'you must go to Diggers Night for the meal!' He certainly was not disappointed. Thank you to the Auxiliary for your magnificent effort.

Lion Barbara Matthews
Director Marketing and Communication
Lions Club of Redcliffe Central

For Sale:

Rover 382cc Mini Ride On Mower



Illustration purposes only.

Balance of five year domestic warranty.

Purchased: 19/04/2019

Price: \$1,500.00

This unit has only limited hours and has very light use.



For further information, please contact
Lion Rob Jempson - Cemetery Chair
M: 0403 626 155
E: jempson@bigpond.net.au

2023 Lions Convention Millmerran Registration Form Access



To register for the 2023 Millmerran Convention, simply use your mobile phone and scan the QR code, or if you prefer to use your computer, click on the hyperlink below.



<https://lionsconventions.com.au/2023/>



Lions Clubs International

CAKE & MINT PORTFOLIO

June 2023

CAKES –

I will have more news about our Cakes and Puddings in the next edition following our training weekend in Melbourne from 1–4 June.

I will confirm, however, please do not be unaware or overly surprised if I bring back the news that there could be another price rise. We are all aware of the continued price increases every time we do our weekly shop.

The price of sugar in particular has risen quite significantly along with a lot of the other ingredients that we use in our cake mix.

I have not heard that this will happen, but I am expecting that it will come up in Melbourne, so please do be forewarned and then if it stays at the current prices, we will all be very pleasantly surprised.

MINTS - (Letter from Newcastle Office)

Dear Lions

Following an extended discussion with Dollar Sweets, the wholesale price of a roll of mints has been lifted from 30 cents to 35 cents per roll. This increase has been necessitated due to the significant rise in the price of sugar over the past 12 months. This increase is effective immediately.

The Lions Cake and Mint Committee have endorsed an increase to the recommended retail price of mints from 60 cents to 80 cents. This is a recommended retail and at the discretion of clubs.

We are aware that there have been supply challenges over the past 18 months and the Cake and Mint Committee is working with Dollar Sweets to resolve those problems and will continue to do so.

In addition, please note the Multiple District Council have resolved that we conduct a 'brand refresh' for Lions Mints in the coming months.

The intention is to provide new display materials that show the public the importance and impact of Lions Clubs humanitarian work that is funded through this and other programs.

The brand refresh will also include a further adjustment to the recommended retail price to ensure that clubs receive an appropriate financial benefit through mint sales.

Finally, in order to assist you to amend the price on your mint stand, I have attached the template for price stickers. If you purchase "Avery L7124" labels, this template will allow you to print 80cent stickers at the correct size for your header boards.

(Please make sure you only print page 2 of this letter on your label paper)

Yours sincerely,

Rob Oerlemans Executive Officer Lions Australia

NOTE:

I would expect that this increase has been coming for some time. Details of this must have come through after Convention, I can assure you that I heard nothing of this at Convention, either from the MD Cake and Mint Chairmen or generally as a comment to the entire Convention.

Again, we will meet with Dollar Sweets as well as Traditional Foods in June and I will send out a report from those meetings to you all prior to the new Lion's year.

Please remember, if you put in or have put in an order recently or until the 30 June, you must have it paid for before the new year starts.

If you have any problems or queries on this matter, please do not hesitate to contact me and remember that I will send out information once I get home after the 4th, until then if your Club has nominated a Cake Chairman, please send me their details so that I can keep in touch.



Kaye Smith (PDG)

District Q3 Cake & Mint Chairman

lion.kayesmith@bigpond.com

0477 212 242

Your Membership Matters

CLUB ACTIVITY CALENDAR

Here are some suggestions to help plan and share service, fellowship and management activities within your club. Please consider!



❖ MAY

28 May is World Hunger Day.

Start on Lions International Hunger webpage to identify ways to serve by providing access to nutritious foods.

Elect club officers for next year, so they can learn their positions and develop plans for your club's future achievements.

❖ JUNE



WORLD ENVIRONMENT DAY

7 June is Lions Clubs Birthday!

Hold a party to appreciate your club members and celebrate your club accomplishments.

With your club's excellence in membership, service, leadership, organization and marketing communications, apply for the *Club Excellence Award*.

❖ JULY

Start your club year with a celebration that includes recognition of incoming and outgoing officers. Consider skilling 'assistant' officers.

Build your club committees and ensure future Lion leaders are in them.

❖ AUGUST

August 12 is International Youth Day. Host a social event like "Lion Day in the Park" with activities for young people.

Identify learning needs and wants in your club. Talk to your district GLT about their training schedule and how best to support members growing into Lionism.

❖ SEPTEMBER

Involve a local school in Lions' mission to encourage peace. Get started with a Peace Poster kit and Peace Essay rules.

Tailor your club meetings to fit your club members. Find some fun exercises in *Your Club, Your Way!*

❖ OCTOBER

12 October is World Sight Day.

Start on LI Vision webpage to find service projects and planning tools.



Re-engage inactive members by sharing the service activities your club has planned and ways they can contribute.

❖ NOVEMBER

14 November is World Diabetes Day.

Think / Pair / Share ways in which your club can support this vital program.

Involve your whole club in identifying opportunities for improvement through the *Club Quality Initiative*

❖ DECEMBER

5 December is International Leo Day.

Leos can access funds from Lions International for service and leadership events. You can learn more on the [Leo Grants](#) page.

Thank your club members on reaching the half-year milestone! Share and celebrate your club's accomplishments and plans.

❖ **OTHER: Global Observances 2023**

Check out the online calendar for all 2023 observances instituted by the United Nations and its agencies. **Together We Serve!**

Alan Brooks – Membership Coordinator

brooks.family004@gmail.com

SERVICE REPORT

One of our goals for this Lions year was to achieve 70% of all Clubs in District 201Q3 reporting their service projects on MyLion so that people could see the value in the work that we do and are able to recognise how important Lions are in our communities.

I am thrilled to report that we surpassed that goal and now have 77% of all Clubs reporting regularly!

You guys ROCK!

As we close this year out and begin the next Lion's year, we await the rollout of the new reporting system, the Lions Portal. Streamlined to make the process of recording service, fundraising and membership details simpler, our team look forward to sharing this with you all. Remember that we are here to help so please make use of us.

Another positive that is cause for celebration is our successful District application in the GAT Success Story initiative. We entered our Camp Cockatoo Type One Diabetes Camp as our entry and were awarded **US \$500** as a result. This will be used by the GAT – Leadership under Donna Hedges, Membership under Alan Brooks and Service under myself, to conduct more face-to-face training throughout the year.

Again, thank you for all that you do in your communities. Projects don't have to be grand to have a meaningful impact on peoples' lives.



Together, “We Serve”

*Lion Debbie Williams
Lions Club of Brisbane Inner North*

LIONS AWARENESS DAY BBQ

The Lions Club of Maleny Blackall Range have done it again! A sausage sizzle to raise funds for Oz Harvest, games for the children to participate in and fun for all. Our President Helen Johnston and Event organiser Diane Hobson sent emails to members and thanked everyone for going along to support the event and making it a fun day.



It was a rare opportunity to be out in Maple Street and have a large “Lions” presence. Three of our Zone Clubs, Blackall Range, Beerwah and Currimundi Kawana will be sending us a donation towards Oz Harvest. We raised \$500.00 from our BBQ and raffles. Well done team!



*Lion Mary McIver
Lions Club of Maleny Blackall Range*

We Serve

CLUB RISK MANAGEMENT

What should a Club do for Risk Management?

Firstly, it is important that the Club Executive members read the MD201 Risk Management Manual and then discuss the appointment of a Club Safety Coordinator and what that Lion will do.

The Club must decide the level of due diligence that they wish to attain then set the parameters for the Safety Coordinator to work within.

The Club Safety Coordinator should be a well-respected Lion who is able to work with the members of the Club without creating any disharmony. The suggested requirements are delineated in the Risk Management Manual however the Club Safety Coordinator must have the full backing of the Club Executive in any actions taken so the Executive should decide what actions will be taken.

The name, Club Safety Coordinator, has been adopted to indicate that this Lion is not responsible for safety in the Club but tries to coordinate an acceptable response to the risks that the Club's activities may generate.

Safety is the responsibility of each member of the Club, not one Lion alone. The members should report hazards or concerns to the CSC who then tries to coordinate an effective response to the challenge.

It is possible, however not necessarily inevitable, that the Club Safety Coordinator can also fill the role of Club Child Safe Officer. This would depend on the amount of interaction the Club has with children in its activities. If the Club has a high level of projects involving children, a separate Child Safe Officer could be warranted so that proper consideration could be given to that area.

The responsibility for both areas remain with the Club and not with the CSC or Child Safe Officer and it is the Club that decides the level of due diligence needed in each area.

*Lion Garry Bates
District Club Safety Liaison*

DALBY CLUB OFFICER FORUM



OUR NEWEST LIONS FAMILY MEMBERS

A big welcome to the following new Lions who recently joined us. We all hope you enjoy your Lions experience.

<i>Blackall Range</i>	Margaret Head Helen Smith
<i>Brisbane West</i>	Carolyn Phillips
<i>Caloundra</i>	Geoff Harrison Yolanda Nel Sheamus Sushames
<i>Forest Lake</i>	Hayley Grady
<i>Golden Valley Keperra</i>	Robyn Findlayson Gavin Shanks
<i>Ipswich Redbank Goodna</i>	Leslie Twine
<i>Maleny Blackall Range</i>	Carl Thomas Tracie Thomas
<i>North Lakes</i>	Martyn Smith
<i>Sandstone Point</i> <i>Transferred from Cairns Barrier Reef</i>	Garry Davey Rachel Davey
<i>Teneriffe</i>	Kerrie Crawford

MEMBERSHIP AND ACTIVITY REPORT

These figures are correct as at 7.10pm on 29th May 2023

Our total membership number this month is one thousand three hundred and ninety-nine, with sixteen new and twenty-three leave a loss of seven for the month.

MyLion reports:

264,351 People Served

260 People Served per Member

3,199 Service Activities

- 100 Diabetes
- 184 Environment
- 102 Childhood Cancer
- 203 Hunger Relief
- 113 Vision
- 2497 Other

109,347 Volunteer Hours since 1st July 2022

USD \$465,122 funds donated and USD \$832,379 raised

Fifty-three Clubs have reported their activities, that is the same as last month, however fifteen Clubs have still to report this year. The District Service Teams Goal for 2022-23 was that 70% of clubs would report service, we have achieved 77.9%.

Thank you to those who report each month.

Barbara



Remembering a life of Service

*Called
To
Higher
Service*

PDG Robert "Bob" Goldsworthy
Lions Club of Toowoomba Wilsonton

Lion Henk Horchner
Lions Club of Bracken Ridge Central

Life is like a camera...
Focus on what's important,
Capture the good times,
Develop from the negatives,
And if things don't work out,
Take another shot.

Organised by the Lions Club of Albany Creek

**201Q3 Invites all members and their guests to attend our District
Change Over**

Come and show your appreciation to
DG Graeme and your support for DG(E) Andy



DISTRICT CHANGE OVER

CLUB PINE RIVERS

Francis Rd & Sparkes Rd, Bray Park Qld

Saturday 22nd July 2023

6.30pm for 7pm



Cost: \$48.00 per person

2 course meal – alternate drop

RSVP: 9th July 2023

Dress Code: * Men – Jacket & Tie * Ladies – After 5

* Drinks at bar prices * Raffles * Lucky Door Prize

Payments Preferred by Direct Deposit

BSB 034073 **ACCOUNT** 467475 (Westpac)

Please send your email acceptance & deposit to:

mylionsmail@gmail.com Contact Steve 0488 417 333

Club No. Attending

Names

Contact Address

Food Allergies

VALE - PDG LION ROBERT WILLIAM (BOB) GOLDSWORTHY
DISTRICT 201Q3



To Give Freely of My Time, Labour and Means

This sums up Past District Governor Bob Goldsworthy ... a member of the *Lions Club of Toowoomba Wilsonton Inc.*, *Associate Member of Lions Club of Gatton* and previously *Lioness of Redcliffe Central*, and *Life Member of Lions Clubs International*.

Known to everybody simply as Bob or Goldie, he joined the *International Association of Lions Clubs* as a member of the *Lions Club of Leichhardt Mt Isa*, and as he transferred to different locations with work ... so did he transfer in LIONS ... to the *Lions Club of Emerald* and finally to the *Lions Club of Toowoomba Wilsonton*.

By his side throughout his LIONS journey, was his lifelong partner and wife, the late PDG Carmel – a Lions Lady and Partner, before becoming a Lion herself at the invitation of Bob during his year as District Governor. Bob and Carmel had lived the LIONS life together ... but this became even stronger when Carmel herself became District Governor in 2018/2019 and Bob supported her every step of the way.

Together they would visit Lions Clubs, attend Changeovers throughout the District, and travelled to Conventions – District, Multiple District and International.

From the days when he was District Governor of District 201Q3 in 2007-2008, Bob actively pursued his role as District International Relations Chair for many years, Lions Understanding and Twinning Chairman, Director on the Lions Medical Research Foundation Board, and Queensland State Coordinator for Lions Clubs International Foundation.

Bob spent many years on District Cabinet in numerous positions such as Cabinet Secretary, District Convention Chair in 2013, and National committees and Foundations. He was passionate about many aspects of Lions service ... predominantly Lions Clubs International Foundation at Club, District and State level ... but he is particularly remembered for his commitment and dedication to the administration of Lions ... and to the Australian Lions Foundation of which he was recognised and entered into the Hall of Fame in 2020.

In recognition of his dedication and service, Bob’s awards and honours included a

<i>LCIF Helping Hands Award</i>	<i>Progressive Melvin Jones Fellowship</i>
<i>a Ray Phippard Fellow</i>	<i>James D Richardson Honour Award</i>
<i>PID Dr Bob Coulthard Recognition Award</i>	<i>Hearing Dogs Helen Keller Fellowship</i>
<i>Professor Ian Frazer Humanitarian Award</i>	<i>3 International Presidents Leadership Award Medals</i>

Bob was a “true Lion” ... and his life reflected our *Lions Code of Ethics*.

- To show my faith in the worthiness of my vocation
- To hold friendship as an end and not a means
- To aid others by giving my sympathy to those in distress
- To be careful with my criticism and liberal with my praise.

While he held many positions at District, State and Multiple District levels, he remained a Club Man. He was a great mentor ... and expressed his appreciation and encouragement - generating a positive environment.

At the time of his passing, Bob held Club positions of Halls Chair, Facebook and I.T. Chair, and LCIF Chair. In the year ahead, he was going to continue these positions ... as well as CBL Chair.

A few years ago, Bob penned some notes on the history of Wilsonton Lions. Just a little of what he included was

- The early starts for the club to cook the b-b-qs at *Relay for Life*
- Catering at Spring Bluff Railway Station for *Carnival of Flowers* – hauling fridges, freezers, tents, tables and supplies up the steep hills to set up for catering
- Working tirelessly, catering at the *Toowoomba Show*

Amongst this was the good times and the fun times with recollections of

- The German Nights
- Putting on the tights for a Christmas skit
- Goldy Production for the 1992 Christmas Party, presented by the Gum Nuts Band including ... none other as “Bottle Top Bob”

Following his retirement from the Toowoomba Regional Council, Bob kept a close liaison between Wilsonton Lions and the Toowoomba Regional Council (TRC) with the hiring of the three halls. Amongst the TRC staff, Bob was known as a Legend – for his professionalism and his understanding of Council Policy.

He was responsible, reliable, and trustworthy, and a true gentleman. Bob was a great ambassador for Lions Clubs International.

At Club level, Bob served with distinction in almost all positions – President four times and executive positions countless times ... and with his knowledge of LIONS, he was affectionately known as “the Go To man”. Again, Bob was acknowledged for his service and dedication with countless Club recognitions and awards.

Above all, Bob would be known for his infectious smile and warming nature he was unquestionably a dedicated and hardworking Lion – living the Ethics and Purposes of LIONS daily. Bob recognised that “*true friendship demands nothing ... but accepts service in the spirit in which it is given.*”

Whilst he would say ... the day he was found in church, the roof would cave in ... the words of this spiritual song ... says it all. He lived a truly Spiritual Life with Christian values.

***Brother, Let Me Be Your Servant, Let Me Be As Christ To You,
Pray That I May Have The Grace, To Let You Be My Servant, Too***

Our deepest condolences and prayers go to his two sons, Tom and Lenny and their families for the loss of their father and grandfather, and to the extended families – not only from LIONS and the Governors of his year ... but most of all, PDG Bob will be missed by the Members of District 201Q3 and especially the members and partners of the Lions Club of Toowoomba Wilsonton, and the LIONS throughout Australia.

Bob, you have gone to *Higher Service* ... but will never be forgotten. Save a spot for us up there.

Lion **Rob Craig** **Past District Governor**

Woodford MEGA Cash Raffle



TICKETS
ONLY
\$20

**\$25,000
CASH PRIZE**



2500 TICKETS ONLY

Draw 1st June 2023

Or when Sold Out

www.woodfordlionsclub.com.au



DOMESTIC AND FAMILY VIOLENCE PREVENTION MONTH

The month of May marks Domestic and Family Violence Prevention Month in Queensland, an annual initiative to raise community awareness of domestic and family violence and coercive control, and the support services available.

The awareness-raising events, projects or activities held during the month align with the [Domestic and family violence prevention strategy 2016–2026](#).

You can continue to follow the conversation year-round on the [Domestic and Family Violence Prevention Queensland Facebook page](#).

The theme for 2023 is 'It's in our control to end coercive control'. The hashtags for social media use are #endDFV, #endcoercivecontrol and #DFVPM2023.

Domestic or Family Violence Policy Statement

Executive Officer Rob Oerlemans

POLICY STATEMENT

- 1) Lions Australia confirms the right of all persons, regardless of gender, culture or creed, to live in a family or domestic relationship free of the fear of violence, abuse or intimidation.
- 2) It condemns without reservation conduct that is violent, threatening, coercive, controlling or induces fear.
- 3) It condemns those persons of any age and either gender who engage in a pattern of behaviour intended to gain or maintain power and control over another or others within the family or domestic relationship.
- 4) It condemns the exercising of physical, verbal, emotional, economic, sexual and or psychological abuse and affirms that any such practice cannot be tolerated and is contrary to the ethics of Lions Australia.

Background

Lions Australia adopted this policy at the National Convention in 2017, held in Hobart, Tasmania.

Lions prides itself on being an ethical organisation.

We consider ourselves to be a family, and the majority of our members are in long term, domestic relationships including marriage. At our Convention the members felt it was important for Lions to make a strong statement about this matter.

The Motion to Convention included a statement indicating the broad scope of the definition of domestic violence as follows:

Domestic violence includes:

- *emotional abuse—blaming the victim for all problems in the relationship, undermining the victim's self-esteem and self-worth through comparisons with others, withdrawing interest and engagement and emotional blackmail*
- *verbal abuse—swearing and humiliation in private and public, focusing on intelligence, sexuality, body image or the victim's capacity as a parent or spouse*
- *social abuse—systematic isolation from family and friends, instigating and controlling relocations to a place where the victim has no social circle or employment opportunities and preventing the victim from going out to meet people*
- *economic abuse—controlling all money, forbidding access to bank accounts, providing an inadequate 'allowance', preventing the victim seeking or holding employment and taking wages earned by the victim*
- *psychological abuse—making threats regarding custody of children, asserting the justice system will not believe or support the victim, destroying property, abusing pets and driving dangerously*
- *spiritual abuse—denial and/or misuse of religious beliefs or practices to force victims into subordinate roles and misusing religious or spiritual traditions to justify physical violence or other abuse*
- *physical abuse—direct assaults on the body, use of weapons (including objects), assault of children, locking the victim out of the house, sleep and food deprivation, and*
- *sexual abuse—any form of pressured/unwanted sex or sexual degradation, causing pain during sex, coercive sex without protection against pregnancy or sexually transmitted disease, making the victim perform sexual acts unwillingly and criticising or using degrading insults."*



COMMUNICATION ... EDUCATION

ENJOYMENT

STRONGER TOGETHER

29TH SEPTEMBER TO 1ST OCTOBER 2023

MILLMERRAN SHOWGROUNDS

So, have you registered yet? If you are having any trouble, PLEASE let us know so we can help you get sorted. Your Club Secretary will have the link or QR code as well is on the 201Q3 website and a paper copy for those without technology will be available soon.

Some things to think about for convention.....

- Have you got your **Iced Christmas cake** organized the theme is **“In the Australian Bush”** as I’m sure you know these are auctioned at the Saturday night ‘s dinner and funds raised will be donated to our District Governor’s favourite Lions charity “Lions Hearing Dogs” Come on friends lets really give our auctioneer something to crow about with the number of cakes we have and the money we can raise.
- Also, as usual our table decorations at Saturday night’s dinner will be up for sale, what will they be like?? even Andy doesn’t know yet.....All I will say is they will really represent our country.
- The **Environment Photo Competition** will also be judged by popular vote at Convention and this year’s theme is **“Water Conservation”**.
- Who are you going to challenge to **PuttPutt??** Member v member or Club v Club. Its all-in fun and something a little different.
- **Raffle prizes** are coming in now with the multi draw raffle open to all and a special raffle for Saturday night, with some great prizes in both. I believe we have around eighty prizes in the multi draw raffle so far. But more are welcome. Please promote the multi draw raffle as it is open to all.
- In answer to any questions about drink tickets for Friday night and Saturday night. **Yes**, they will be available to purchase at Convention as well as on the registration form. On the form is just to give us an idea what to have on hand. All drinks will be in cans.

See you in under 130days!

Remember We are “STRONGER TOGETHER”

Maryann Bisdee
Convention Chair.



29TH SEPTEMBER TO 1ST OCTOBER 2023

MILLMERRAN SHOWGROUNDS





What a Convention it was !!!!

(the 71st Multiple District Convention at the Star Casino Complex - Broadbeach)

This year *Lions Youth of the Year* was, in my opinion (*but I am biased*), the highlight of Convention.

Following on from the STATE FINAL, the Q Districts' Finalist was *Lindsey White* from Q1 – Coomera Anglican College and sponsored by the LIONS of Helensvale. Lindsey competed with other Australian State Winners and the Judges selected *Fred Kearney* from the LIONS Club of Armidale Dumaresq as the *Overall Winner*. Whilst this photo covers the whole stage, Lindsey and I are to the right. Fred who is 4th from the right aspires one day to be a lawyer.

I had the pleasure of joining the contestants and their families on quite a few occasions – the presentation of their black blazers, and ties/scarves being the most impressive and enjoyable. All contestants bonded immediately, and their friendships will no doubt extend and endure well into the future.

In addition to their welcome dinner, a day out on the Gold Coast Aquaduck showcased the Coast highlights, a BBQ with LEO of the Year contestants, and familiarisation of LIONS displays gave a greater insight of our LIONS organisation.

I truly wish more of our Q3 LIONS could have been there to witness our fabulous young folk ... who would beat us hands down at our same age. Perhaps next year more will witness this !!!

My position for the State of Queensland draws to a close this June and I know the new appointee has a track record for producing quality events. Thank you to those Clubs who have participated over the last few (somewhat troublesome) years ... but the future is really looking bright. Keep an eye out for the Registration Forms for your Club to enter next year (and you can start as early as July 2023).

Lion Rob Craig

Q Districts – State Coordinator 2020 -2023

LIONS YOUTH OF THE YEAR PROGRAM

AROUND THE WORLD WITH LIONS

THE TWENTY-EIGHTH IN A SERIES OF ARTICLES SOURCED BY LION LYN PYSDEN

ANNUAL LEO VIDEO CONTEST 2021 SHOWCASES YOUNG TALENT

The Binan Leo Club in the Philippines is this year's top winner of the annual Leo Video Contest. It is the 6th year of the annual contest, which celebrates the many varieties of Leos and their service projects since the inception of the Leo Club Program sixty-three years ago. This year Leos were asked to show how they served safely, stayed connected, and inspired others with this year's theme #HopeConnects.

There were fifty-three submissions from twenty-two countries, with videos representing all Constitutional Areas. The public voting page was visited by people in one hundred countries, and the top ten videos received more than 12,000 public votes. This year's winners were announced on December 5, which is International Leo Day.

1st Place: Binan Leo Club - Philippines
2nd Place: Tucunduva Leo Club - Brazil
3rd Place: SMK Buloh Kasap Leo Club - Malaysia

The Binan Leos earned the US\$1,000 prize with their video about helping school children in their community access the internet. The Binan Leos believe that with education comes hope. They addressed their community's lack of internet access for students reliant on remote learning during the pandemic. Because fewer than half of the students have steady internet access, the Leos started the Sandata Para Sa Eskwela (Weapon for School) project.

With US\$2,000 raised by the Binan Leos and their Lion sponsors, they were able to cover the cost of Wi-Fi and a schoolyears' worth of data for eight public schools in their community. Students who previously had to go to neighbours for internet access can now focus on their studies while staying safely in their homes.

Second place and the US\$500 prize went to the Tucunduva Leo Club in Brazil. Leos worked with the sponsoring Brazil Lions to support construction of a new hospital ward to care for the elderly in the city hospital. With virtual campaigns and communication between Leos and Lions, the Leos learned that they could continue to help the community during the pandemic and that the common hope for a better world is what connects them and their sponsoring Lions.

For third place, the SMK Buloh Kasap Leos received US\$250. With the help of the Lions of Segamet Jaya, they raised money by selling sanitized, individually wrapped towels to support their community's non-governmental dialysis centre that provides free dialysis to patients who cannot afford it.

"The difference between hope and dreams is when you have hope, you need to have the courage, the commitment, and the action," says SMK Buloh Kasap Leo Aiman Pang in the video. "Without action, it's only a dream."



LEADERSHIP, EXPERIENCE, OPPORTUNITY



2023 Millmerran Convention Registration Form

Friday 29th September to Sunday 1st October 2023



Welcome! Please complete your details below and email to 2023convention@gmail.com if you are not able to register on-line. Once received you will be contacted by registration team with total cost and payment details.

Number of Attendees *Max two attendees per registration form. You can register multiple times.

First Attendee Details

Title: _____

Full Name: _____

Email Address: _____ Phone No: _____

Address: _____

Town: _____ State: _____ Post Code: _____

Enter your Club Name: _____ District: _____

Have You Preregistered Y/N

Is This Your First Convention Y/N

Second Attendee Details

Title: _____

Full Name: _____

Email Address: _____ Phone No: _____

Address: _____

Town: _____ State: _____ Post Code: _____

Would you like to book ALL meals? Full Hospitality package Y/N \$135 per person _____

OR choose individual meals

Meal	Cost	Quantity
Friday Dinner Meet, Greet & Eat	\$ 25 per person	
Saturday Breakfast - BBQ & Cereals	\$ 15 per person	
Saturday Lunch - Boxed Lunch	\$ 15 per person	
Saturday Night – DG’s Banquet	\$ 50 per person	
Sunday Breakfast	\$ 15 per person	
Sunday Lunch	\$ 15 per person	

Would you like to book for the Partners' Outing? (\$25 per person - includes morning tea) Y/N

First Attendee Any Dietary / Allergy Requirements? Y/N. If YES what are your requirements:

Second Attendee Any Dietary / Allergy Requirements? Y/N. If YES what are your requirements:

Which of the following would you like to order

Item	Quantity
Convention Badge (\$5.00)	
Multi Draw Prize Book (\$5.00) (3 Tickets Per Book)	
Alcoholic Drinks (\$5.00) (Beer, Wine, Cider)	
Soft Drinks (\$2.50)	

Other Information

Y/N		How Many
I will be bringing a Club Banner	Y / N	
I wish to play Putt Putt on Friday	Y / N	
I wish to play Indoor Bowls on Friday	Y / N	
Do you have mobility issues	Y / N	

Where will you be staying? (Please book early as limited accommodation available.)

Millmerran 2023 Convention Committee ... *stronger together.*

PAUSE FOR A CAUSE





GLOBAL CAUSE ... VISION
RECYCLE FOR SIGHT AT WORK IN
UGANDA

If you ever wondered what your collecting of glasses for Lions Recycle for Sight did to change lives of people overseas, then please read this article which shows how your collecting used spectacles, sunglasses and safety glasses, alters people's lives beyond their wildest dreams.

In late March, a group of thirty-three compassionate and committed Australian and New Zealand business owners embarked on a five day humanitarian trip dubbed "Mission Abundance 2nd Edition" to Uganda to support the work of Kyampisi Childcare Ministries (KCM). Their first trip to Uganda was in 2019, prior to the Covid outbreak.

KCM provides care and support to vulnerable children and families in the Kyampisi, Uganda community and is dedicated to improving the well-being and future prospects of the children it serves, including victims of child sacrifice.

The humanitarian expedition was spearheaded by Bruce and Georgie Campbell, the founders of the Entrepreneurial Business School (EBS) based on the Sunshine Coast. Their fund-raising of \$1.82 million over the last four years has made a significant difference in the lives of hundreds of children in Uganda. As a result, a Rehabilitation Centre has been built, support has been given to the local Primary School, the opening of a Medical Centre and ongoing support of children in need.

When she heard about our Recycle for Sight Centre, Georgie Campbell visited our Caboolture Centre and was amazed at the marvellous generosity of Lions Clubs who supply the spectacles and the efficiency of the Centre's operation which cleans the spectacles, grades them using a lensometer, and then packs the pair of spectacles in a small, sealed plastic bag with the glasses' prescription slip included in the bag.

Georgie was given a quantity of reading glasses, sunglasses and safety glasses to take on their humanitarian trip to Uganda.



The glowing feedback from Georgie Campbell has been incredible and she has earmarked our resources for her next trip to Uganda. The Mission Abundance team had a successful one-day Medical Camp at which nine hundred and twenty-three patients were treated of which two hundred and forty-five were Optical. She said that the glasses were an unbelievable success, because the prescription is known, and the Optometrist was able to prescribe them so easily.

I have been asked to pass on the teams thanks to all Lions who are part of the Recycle for Sight process. Your generosity in collecting glasses is continually changing lives in a positive way every day in many areas of the world. **Well done, Lions. Your humanitarian efforts are changing lives for the better.**

*Lion Geoff Moor
Global Cause ... Vision Chair*



GLOBAL CAUSE ... DIABETES

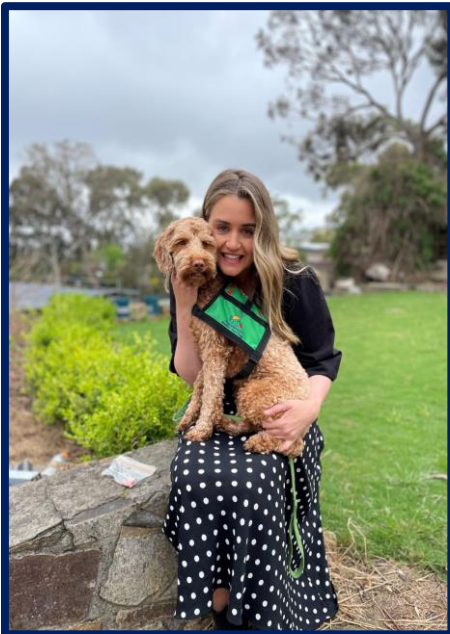
When you think of tools to help you manage diabetes, you likely think of therapies and devices – but what about dogs?

There are many reasons to love dogs. Because they are cute, because they are smart, because they are your fur baby, because they love you unconditionally.

But they can also save your life.

Diabetes Alert Dogs, also known as DADS.

We currently have one DAD, Sal, in placement with Eliza and both are doing extremely well. They have a very strong bond and Sal has assisted Eliza many times.



DADS are primarily trained for people with Type 1 Diabetes. Because of this DADS are most helpful for people who are insulin dependent.

As we know DADS are trained to smell the compounds that are released from someone's body when blood sugar is high or low. Because of this DADS are able to alert their owners of dangerous levels of blood sugar before they become symptomatic.

The training program typically focuses on scent discrimination. This means that the dogs are taught to detect smells in the air associated with blood sugar changes and to ignore smells associated with normal, safe bodily functions.

The big myth is that dogs are smelling blood sugar.

But the dogs are actually sensing the compounds that come out of the liver when the blood sugar is either dropping rapidly or is low. Though humans can't detect these smells dogs can.

Scientists are not sure what exactly the dogs identify, but research suggests that its ketones (for high/low blood sugar)

Well, there you go smart little buddies aren't they?

To train a service dog costs around \$40,000, so as you can imagine sponsorship is paramount to the program's success.

If a club would like to sponsor a dog contact Laura Harris at laura@lionshearingdogs.com.au

You can also help by purchasing a 2024 calendar, key rings, or beanies, just follow the link on the lions hearing dogs Facebook page.



GLOBAL CAUSE ... DIABETES

CONTINUED

Now if you see a service dog wearing different colour coats this is what they mean:

- 1 Green coat Diabetic Alert Dog.
- 2 Orange is a Hearing dog.
- 3 Blue is a puppy in training.

And always remember no matter how cute they are NEVER attempt to pat unless the handler says its ok, they are working.

This is a fantastic progressive program helping people with diabetes in the community.

Currently only available in South Australia, but they still need our support, and will reach other states in due course.

Diabetes Alert Dog applications are now open, under the following conditions.

Must be over 18 years of age.

Have been diagnosed with Type 1 diabetes for over 12 months.

Non-smoker (no other smokers the home).

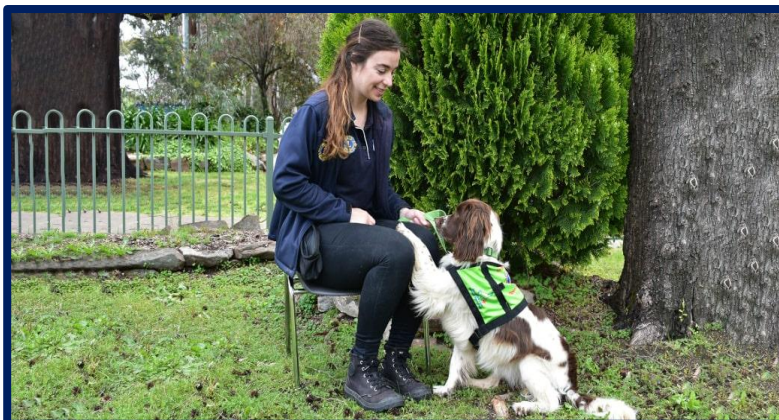
No other dogs living at the home.

Living in South Australia.

Utilising current technology such as CGM or insulin pump.

Lions Diabetic Alert dogs are provided to eligible approved applicants free of charge as a gift from supporters and Lions Clubs.

Please support the program if you can.



*Gail Jones
District 201Q3
Chair Global Causes Diabetes Awareness 2023 - 2024*





GLOBAL CAUSE ... HUNGER

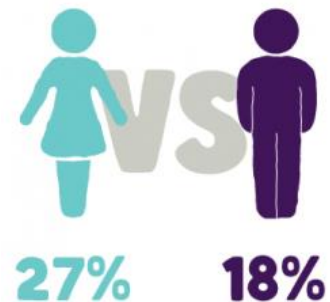
EVERYONE DESERVES TO EAT

DESPITE AUSTRALIA'S REPUTATION AS A WEALTHY COUNTRY, FOOD INSECURITY IS A REALITY FOR AN INCREASING NUMBER OF PEOPLE



In the last year, more than one in five Australians (21%) have been in a situation where they have run out of food and been unable to buy more.

More than one in four women in Australia (27%) have experienced food insecurity in the last 12 months. This compares to 18% of men. The impact of food insecurity can look quite different for women and men too.



At least once a week, around half of food insecure people skip a meal (55%) or cut down on the size of their meals to make their food go further (50%). At least once a week, three in ten food insecure Australians (30%) go a whole day without eating.

As District Hunger Chairman I am proud of the donations that have been made over the last few years. Well done to everyone involved. There is always more that can be done.

Something to ponder - could Clubs volunteer to provide and cook a meal at one of the Organisations that feed the Homeless and those that are struggling to put a meal on the table for the family? This could be done maybe two or three times a year.

Another way of helping is to set up a vegetable garden at a local primary school. This is happening at my grandson's school – where they use the produce, then sell off the excess to allow for more seedlings. I believe that this a great initiative that teaches kids where their food comes from as well as more gardeners in the future that can provide for their own family.

*Lion Jenny Tate
District Hunger Chair*



GLOBAL CAUSE... ENVIRONMENT

Many of you are aware of the Environmental Recycling that Lions Australia do around our ring pull tabs. For those who are new to Lions, it involves collecting the ring pull tabs from drink cans, prior to taking the cans to your nearest Containers for Change site where they are deposited and earn cash for your Club.

The ring pulls are collected and taken to a recycling centre where they are weighed and a cash amount is generated. The money raised in this way is donated to the Lions Australia Spinal Cord Fellowship. Past District Governor Rodd Chignell, from the Lions Club of Golden Valley Keperra, is our contact person, who takes the collected ring pulls to the metal recycling centre on our behalf.

There are three ways to get the ring pulls to Rodd and they are:

- Get them to a Lion near you who is a Cabinet member. That Lion will then give them to Rodd at the next Cabinet meeting.
- Get them to any member of Golden Valley Keperra Lions who will get them to Rodd or
- Get them to any member of Oxley/Sherwood Club, where Rodd's wife Wendy is a member.

Unfortunately not all ring pull tabs are made of the same mineral, which is why the aluminium ring pulls from drink cans are the only ones we can recycle this way. **Ring pull tabs from canned foods are usually made from steel or a mixture of minerals and are not included in this initiative.**

The good news from the recent Multiple District Convention on the Gold Coast is that we can now add the following items to our collection of aluminium products.

1. Blister packs for medication that are all aluminium. Please note, that blister packs that have an aluminium backing but plastic on top cannot be included.
2. Screw top wine lids as they too are aluminium. The only catch here is that they often have a silicon tab inside the lid which needs to be removed before adding it to the collection. This is no great imposition as it takes a mere second to do.



Please consider this very simple recycling project as one more way we can actively prevent recyclable items going to landfill and make money for the wonderful work that the Lions Australia Spinal Cord Fellowship do.



All aluminium so suitable to use.



Mixture of plastic and aluminium so NOT suitable to include.

Lion Debbie Williams